

# Active Transportation Efforts in Greene County

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**Public Health**  
Prevent. Promote. Protect.

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**Greene County**

# Safe Routes to Healthy Foods

- Focus Group Results
  - Accessibility
  - Resources
  - Food Options
  - Transportation
  - Improvements to Built Environment

FOCUS GROUP THEMES

	Jamestown	Xenia	Fairborn	Wilberforce University Greene County Career Center
Priority health topics Greene County should work to address or prevent	<ul style="list-style-type: none"> <li>• Mental health</li> <li>• Elder care</li> <li>• Access to care</li> </ul>	<ul style="list-style-type: none"> <li>• Food insecurity/Food Deserts</li> <li>• Access to care</li> <li>• Chronic Disease</li> </ul>	<ul style="list-style-type: none"> <li>• Food access</li> <li>• Finances/Inflation</li> <li>• Access to care</li> </ul>	<ul style="list-style-type: none"> <li>• Food Access</li> <li>• Built environment</li> <li>• Chronic Disease</li> </ul>
Strengths surrounding health in Greene County	<ul style="list-style-type: none"> <li>• Parks</li> <li>• Bike path</li> <li>• Senior Center</li> </ul>	<ul style="list-style-type: none"> <li>• YMCA</li> <li>• Bike paths</li> <li>• Community meals</li> </ul>	<ul style="list-style-type: none"> <li>• Recreational resources</li> <li>• Churches</li> <li>• Fish Food Pantry</li> </ul>	<ul style="list-style-type: none"> <li>• School programs (sports)</li> <li>• Community meals</li> </ul>
Factors that influence why some people may be healthier than others in Greene County	<ul style="list-style-type: none"> <li>• Closed mindedness</li> <li>• Income</li> <li>• Nutrition</li> </ul>	<ul style="list-style-type: none"> <li>• Income</li> <li>• Nutrition</li> <li>• Transportation</li> <li>• Community engagement</li> </ul>	<ul style="list-style-type: none"> <li>• Income</li> <li>• Access to healthy options</li> <li>• Transportation</li> <li>• Cost of services</li> </ul>	<ul style="list-style-type: none"> <li>• Income</li> <li>• Age</li> <li>• Transportation</li> </ul>
Awareness of services and resources in Greene County that focus on improving health	<ul style="list-style-type: none"> <li>• Senior Center programing</li> <li>• Youth sports</li> <li>• ER</li> </ul>	<ul style="list-style-type: none"> <li>• Outdoor actives</li> <li>• Mental Health</li> <li>• Nutritional programs</li> <li>• School lunch programs</li> </ul>	<ul style="list-style-type: none"> <li>• Food Pantry</li> <li>• Churches</li> <li>• Harm Reduction programs</li> </ul>	<ul style="list-style-type: none"> <li>• Health services</li> <li>• School resources</li> </ul>
Barriers people have accessing programs, services, or resources in Greene County	<ul style="list-style-type: none"> <li>• Stigma</li> <li>• Limited access to health care resources/services</li> <li>• Transportation</li> </ul>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Affordability</li> <li>• Motivation</li> </ul>	<ul style="list-style-type: none"> <li>• Transportation</li> <li>• Knowledge of programs/services</li> <li>• Poverty</li> </ul>	<ul style="list-style-type: none"> <li>• Transportation</li> <li>• Limited access to health care</li> <li>• Cost of services</li> <li>• Knowledge of programs/services</li> </ul>
Suggestions to overcome barriers and help community members live a healthier lifestyle in Greene County	<ul style="list-style-type: none"> <li>• Education</li> <li>• Build relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Acceptance</li> <li>• Education</li> <li>• Improvements to built environment (sidewalks, pavement)</li> <li>• Nutritional programs</li> </ul>	<ul style="list-style-type: none"> <li>• Alternative access to nutritional food options</li> <li>• Increase community and local leader's partnerships</li> <li>• Policy changes</li> </ul>	<ul style="list-style-type: none"> <li>• Communications</li> <li>• Access to nutritional food options</li> <li>• Improvements to built environment (sidewalks)</li> </ul>
Factors that influence community members' ability to access programs, services, or health care in Greene County	<ul style="list-style-type: none"> <li>• Age</li> <li>• Awareness</li> <li>• Income</li> </ul>	<ul style="list-style-type: none"> <li>• Income</li> <li>• Awareness</li> <li>• Culture</li> </ul>	<ul style="list-style-type: none"> <li>• Income</li> <li>• Politics</li> </ul>	<ul style="list-style-type: none"> <li>• Age</li> <li>• Income</li> </ul>

# Community Health Improvement Plan

## Priority #1: Access to Care

### Strategic Plan of Action

To work toward improving access to care, the following strategies are recommended

Priority #1: Access to Care				
Strategy 1: Promote and maintain transportation options				
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/Agency
<p><b>Year 1:</b> Create/update a community transportation resource list annually according to transportation resources that are available in the county. Include:</p> <ul style="list-style-type: none"> <li>• <b>Public transportation systems</b></li> <li>• Human Services transportation providers</li> <li>• Reduced/free transportation services and eligibility criteria (e.g., income, Medicaid, etc.)</li> <li>• Private transportation providers (e.g., Uber, taxi)</li> </ul> <p>Spread awareness of transportation services using various formats (e.g., social media, email, committee websites, flyers with QR code, etc.).</p> <p>Assess gaps and opportunities regarding current volunteer driver initiatives. Collaborate to recruit additional volunteer drivers.</p> <p>Participate in update of Greater Regional Mobility Initiative Plan Update 2024</p> <p>Participate in the Miami Valley Regional Active Transportation Plan</p>	October 31, 2024	Adults	<p>Barriers to care: Percent of adults reporting "difficult to find/no transportation" as a top reason for not accessing medical care in the past year (2023 CHA)</p> <p>Accessible transportation: Percent of adults indicating "there are accessible transportation services available" in Greene County (2023 CHA)</p> <p>Transportation issues: Percent of adults reporting</p>	Greene CATS Public Transit

# Priority #2: Health Behaviors

## Strategic Plan of Action

To work toward improving health behaviors, the following strategies are recommended:



Priority #2: Health Behaviors				
Strategy 1: Multi-component obesity prevention interventions **				
Action Step	Timeline	Priority Population	Indicator (s) to measure impact of strategy:	Lead Contact/Agency
<p><b>Year 1:</b> Assess the built environment to identify improvements to increase access to healthy foods. Create Community Food Mapping to highlight food establishments and maintain community food resource guide. Review the <b>Move Your Way Community Playbook</b> and complete Phase 1: Planning and Strategy Development. When selecting strategies, consider interests and activities for specific populations, such as seniors or families. Explore programming that includes group sports as well as individual fitness opportunities (e.g., weightlifting, running club, etc.). Assess the feasibility of integrating physical activity opportunities into planned events (e.g., festivals, farmer’s markets, etc.). Identify ways to incorporate nutrition initiatives into strategies (e.g., <b>community gardens*</b>, <b>healthy food initiatives in food banks*</b>).</p> <p>Identify ways to advocate on behalf of policies related to nutrition, food insecurity, and physical activity (e.g., advocate for improved school nutrition and physical activity standards, expansion of WIC/SNAP benefits, etc.).</p> <p>Search for grants and funding opportunities to support efforts (e.g., incentives, free events).</p>	October 31, 2024	Adults Youth/Children	<p>Adult physical inactivity: Percent of adults, age 18 and older, reporting no leisure time physical activity (<i>County Health Rankings</i>)</p> <p>Adult physical inactivity: Percent of adults reporting they did not participate in any physical activity in the past week (<i>2023 CHA</i>)</p> <p>Adult obesity: Percent of adults considered obese according to BMI (<i>2023 CHA</i>)</p> <p>Adult cholesterol: Percent of adults who have ever been diagnosed with high blood cholesterol</p>	Greene County Public Health

# HEAL Tier One

- Healthy Eating Active Living (HEAL)
- Purpose
  - To recognize assets and needs to identify strategies to implement in the community!
  - Social Vulnerability Index
    - 3 Communities: Jamestown, Xenia, and Fairborn
  - July 2022 to September 2023
- Identified Strategy
  - Safe Routes to Healthy Foods
    - Implemented Little Pantries in the community: 2 in Xenia, 1 in Fairborn, and 1 in Jamestown
    - Educational Series in Fairborn
      - Topics: Mobility options in Greene County (Greene CATS), Budget-friendly Shopping and Food Demonstrations (OSU Extension and CSU Extension)



# HEAL Tier Two

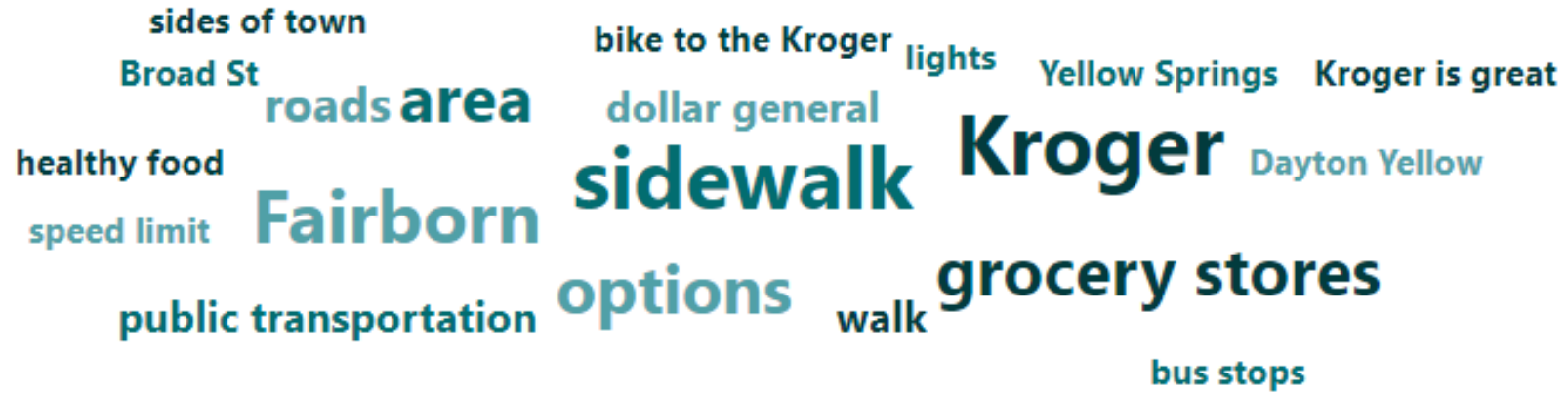
## Focus on the City of Fairborn

- October 2023 to September 2024
- Target outcome: Observe a 10% increase in walkability/mobility to obtain healthy foods as a result of built environment improvements

## Workplan

1. Conduct a built environment survey for the city
  - Form Fairborn Planning Committee
2. Conduct a walkability/mobility assessment of the city
  - Walk audits
  - Map dotting activity
3. Develop and finalize a community improvement design with community residents and partners
4. Install new improvements or enhancements and create a food access walking map
5. Promote walkability/mobility enhancements in Fairborn
6. Evaluate enhancements usage

10 respondents (21%) answered **sidewalk** for this question.



# Built Environment Survey

47 Responses from Fairborn community members!

Poor Fair Good Excellent

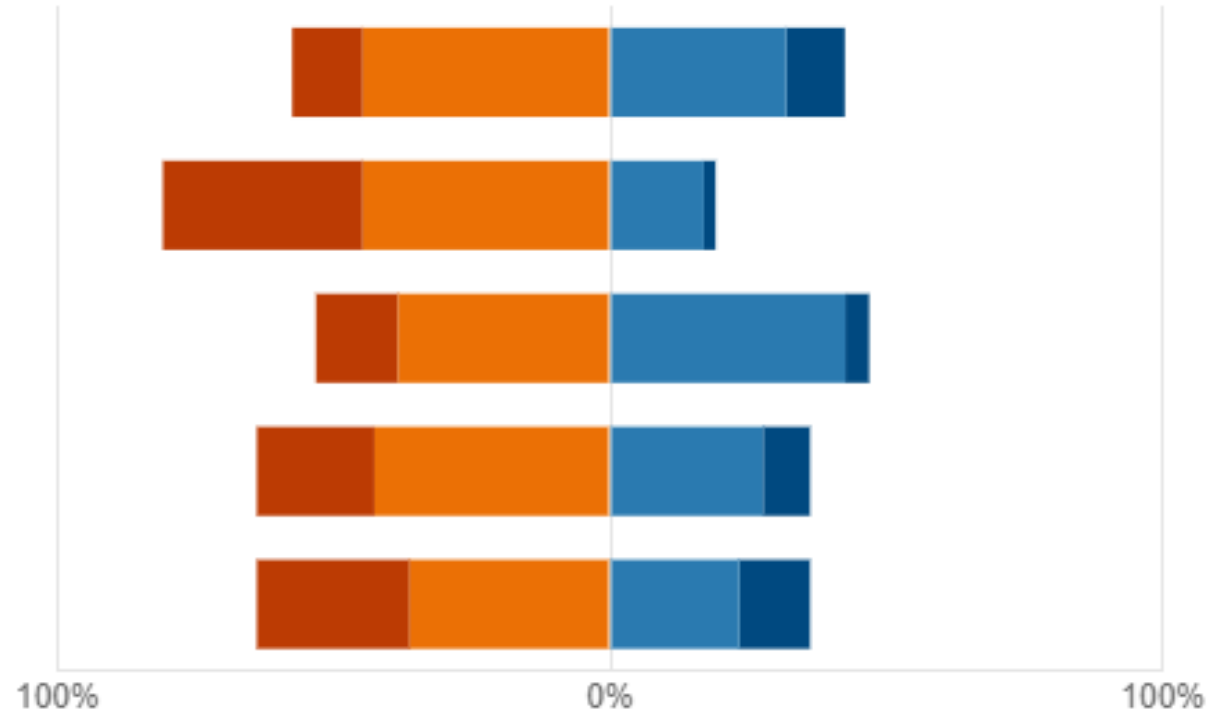
Overall rating of street crossings in area

Overall rating of driver behavior in area

Overall rating of safety in area

Overall rating of comfort/ appeal in area

Overall rating of sidewalks and walkability in area



# Community Member Ratings



# HEAL

healthy eating active living



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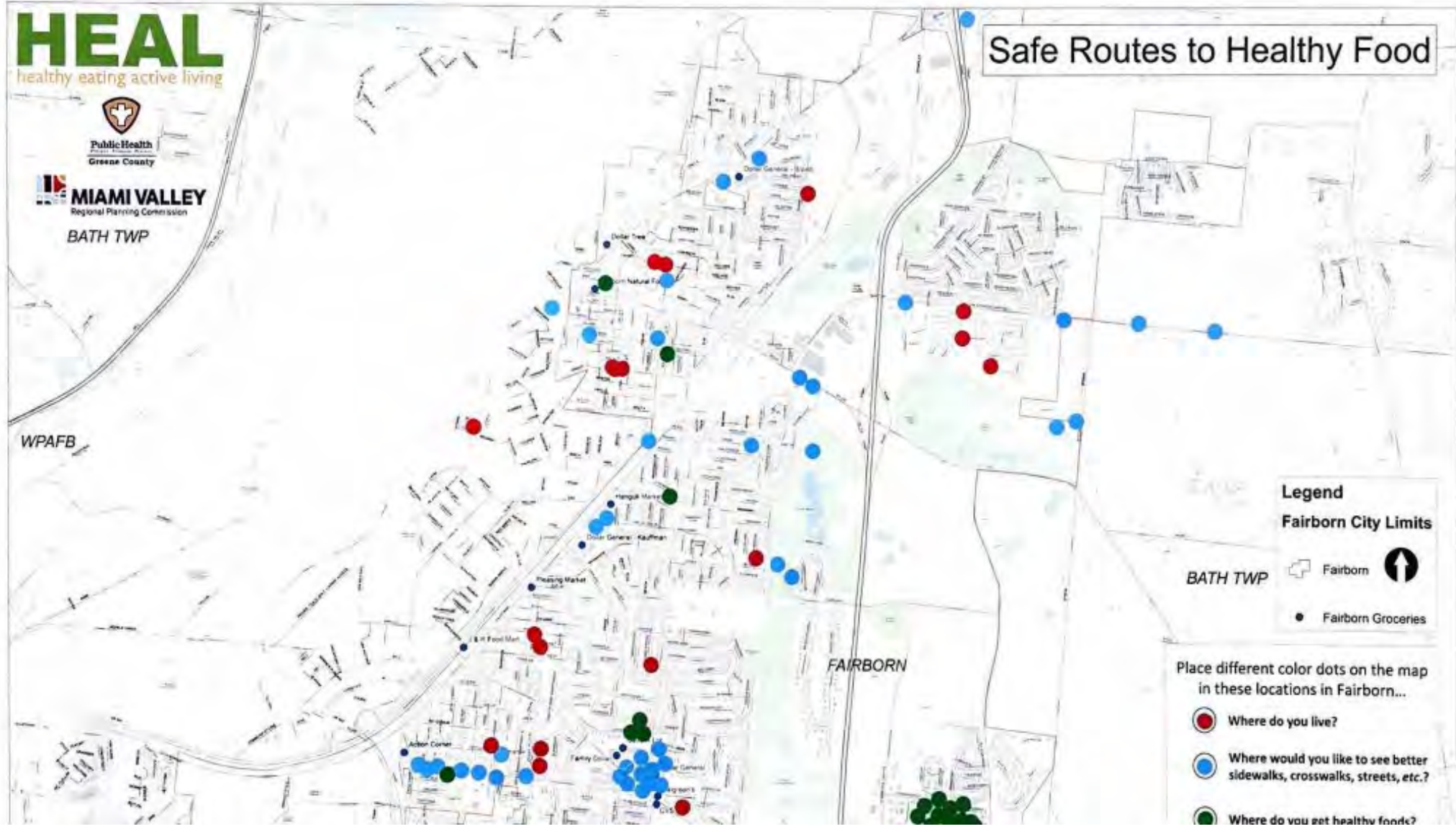
MIAMI VALLEY  
Regional Planning Commission

BATH TWP

WPAFB

FAIRBORN

## Safe Routes to Healthy Food



### Legend

Fairborn City Limits

- BATH TWP
- Fairborn
- Fairborn Groceries

Place different color dots on the map in these locations in Fairborn...

- Where do you live?
- Where would you like to see better sidewalks, crosswalks, streets, etc.?
- Where do you get healthy foods?

# Walk Audits

**AARP**

## Walk Audit Tool Kit

A self-service guide for assessing a community's walkability



Worksheets available at  
[AARP.org/WalkAudit](http://AARP.org/WalkAudit)

**AARP**

## Walk Audit Tool Kit

A self-service guide for assessing a community's walkability



Photo credit: [City of Washington](#)

Photo credit: [City of New Jersey](#)

Photo credit: [City of Pittsburgh](#)

**In too many communities**, people can't safely walk to where they need or want to go due to a lack of sidewalks, crosswalks or other safety features that make streets safe for pedestrians and drivers.

**A walk audit is a simple activity** in which an individual or a team observes and evaluates the walkability of a location to document how and if pedestrians can safely travel along a street, navigate an intersection and get from point A to B, C and so on.

**Who can conduct a walk audit?** Anyone!

The **AARP Walk Audit Tool Kit** can be used by local leaders, advocates, community organizations and residents to ...

- enable people to get around without having to drive
- help reduce traffic congestion and pollution
- inspire the development of pedestrian-friendly streets
- increase exercise opportunities for people of all ages
- gather input about community infrastructure needs
- educate residents about street design elements that support safety
- encourage social interactions among neighbors
- give a boost to property values
- empower community leaders and residents to be the agents of needed change

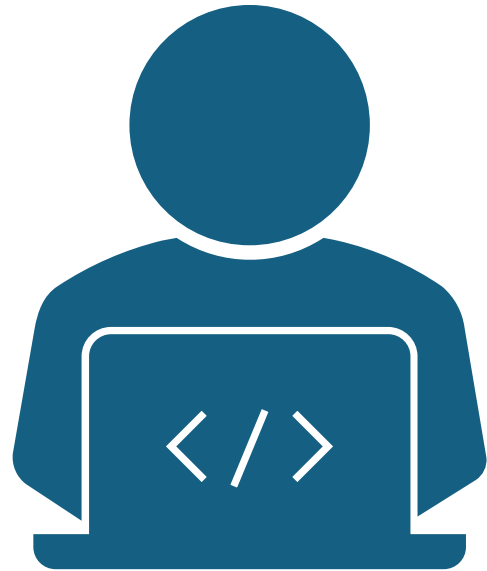
The **AARP Walk Audit Tool Kit** is free and available for download or order. Visit [AARP.org/WalkAudit](http://AARP.org/WalkAudit).

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Questions?





# More Information:

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