



THE OHIO STATE UNIVERSITY

COLLEGE OF SOCIAL WORK

Age-Friendly Innovation Center
Age-Friendly Columbus & Franklin County



Christine Happel, MSW, LSW



Background

- For many Americans, access to transportation and the independence and autonomy to choose when and where they go is highly valued (NADTC, 2022).
- Limited availability, acceptability, accessibility, adaptability and affordability of transportation options are associated with negative physical and mental health outcomes for older adults (Kerschner & Silverstein, 2018).
- Mode of transportation and transportation experiences can impact mood and well-being (Morris & Guerra, 2015; Bergstad et al, 2014).





Safe Routes to Age in Place

Study Aims

- 1) To understand how older residents use transportation in pilot communities;
- 2) To identify opportunities and challenges related to transportation use by older residents in the pilot communities; and
- 3) To provide evidence-informed recommendations to increase access and use of alternative transportation in the pilot communities.





Age-Friendly Transit

Accessible and Inclusive Transit Stop Infrastructure



- Only 20% of older adults in Franklin County agree or strongly agree that their opinions and ideas are valued by decision makers: (Central Ohio Regional Assessment on Aging, 2021)
- Ensuring the voices of older adults and people with disabilities in the decision-making process, through Community Based Participatory Research methodology, creates a community that is more livable for people of all ages and abilities.



Community Driven Alternative Transportation



**C-LOOP
BUS PASS**

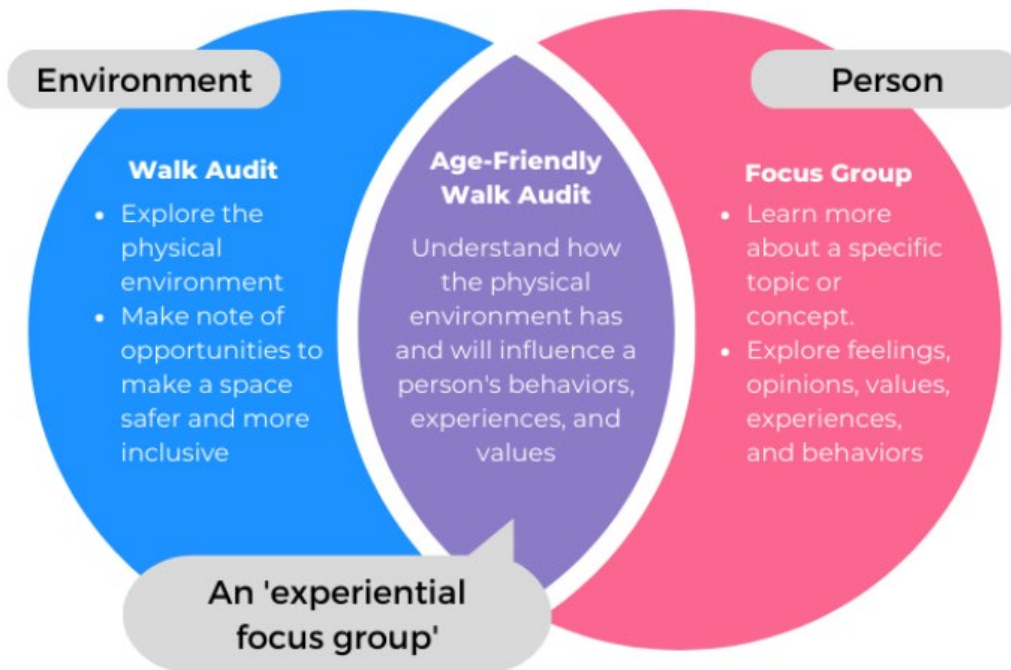


Rider Number _____

- 1) Plan Trip
- 2) Check Timetable
- 3) Arrive 5 minutes before estimated pickup



Age-Friendly Walk Audit

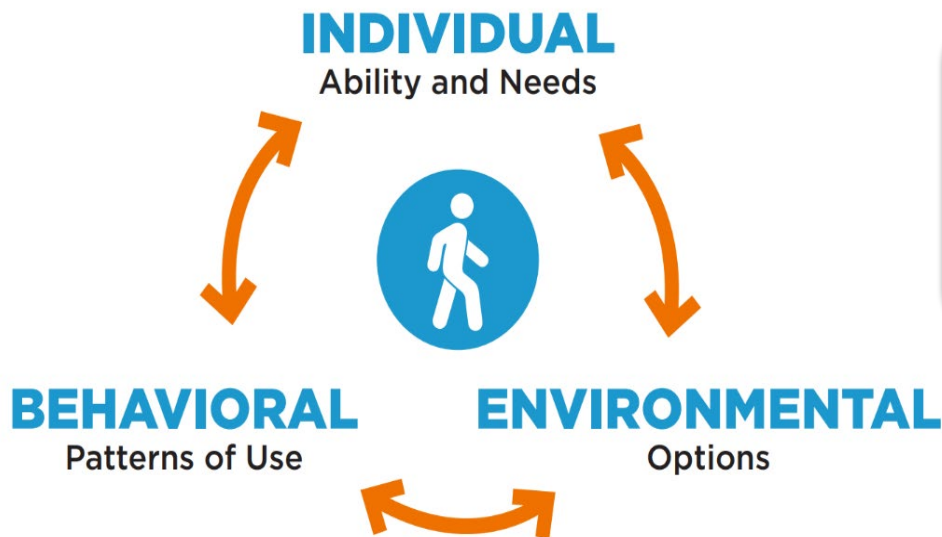


- An Age-Friendly Walk Audit considers a concept called Person-Environment Fit, or P-E Fit.
- It seeks to understand the match between an environment (including the physical and social contexts) and a person (or group of people) and their unique values, needs, and perspectives.
- Ultimately, an Age-Friendly Walk Audit combines the foundational components of a walk audit and a focus group.



Safe Routes to Age in Place: Villages

Social Cognitive Theory Applied to Mobility/Transportation of Older Adults



“It's amazing what I didn't think about.”

“Maybe you don't need a service right now, but you want to know should you need it.”

“When you don't have a car, you're out of luck; And you just pray, if you are comfortable, that you get there.”

1. What is "Mobility Management"?
2. How does mobility management involve, center, and impact older adults?
3. How can I get involved in improving transportation accessibility in my community?

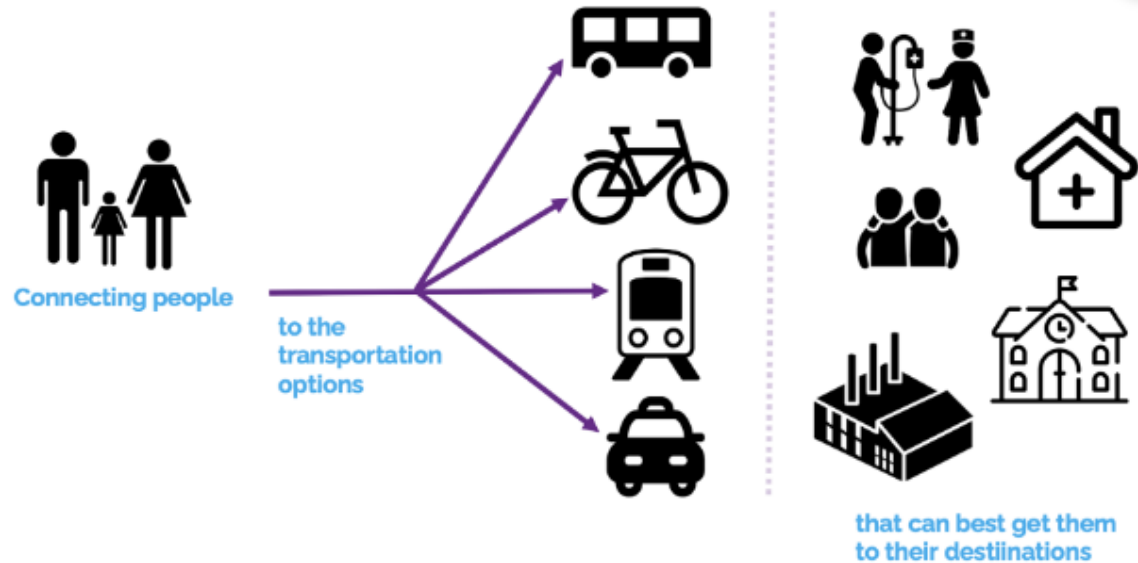
WHAT IS MOBILITY MANAGEMENT?



- Mobility managers in Ohio are funded by 5310 Enhanced Mobility for Seniors and People with Disabilities grants.
- 67 Ohio counties are covered by a mobility manager
- Mobility management regions based on AAA regions



WHAT IS MOBILITY MANAGEMENT? - THE INDIVIDUAL



- Information and referral
- Individualized transportation planning
 - Travel training

WHAT IS MOBILITY MANAGEMENT? - THE COMMUNITY



Working
across
sectors
with
partners



to understand
people's
transportation
needs



and together create
the new services that
respond to those
needs

- Coordinating a local or regional plan to expand transportation options and increase awareness
 - Advocating for accessible transportation options to be included in the planning process
 - Surveying and listening to community needs


ENGAGING THE COMMUNITY IN MOBILITY MANAGEMENT

- Each mobility manager has a community meeting, commonly called a Transportation Advisory Committee, made up of important stakeholders. These can be:
 - Transportation providers
 - Transit users (Bus riders, bikers, carpoolers etc)
 - Social workers and service providers
 - Older adults and people with disabilities
- TACs inform the planning process and perform several important functions:
 - Reviewing, revising, and advising on strategic coordinated plans to improve mobility options
 - Prioritize strategies in accordance to needs
 - Initiate creative projects to achieve strategies
 - Provide feedback on important regional projects

FRANKLIN COUNTY MOBILITY ADVISORY COMMITTEE

- Franklin County's TAC is called the Franklin County Mobility Advisory Committee (FCMAC)
- Needs Identified by the FCMAC:
 - Lack of knowledge about resources and lack of conversation around mobility planning
 - Need for late night transportation
 - Current outreach methods for transportation are ineffective
- Action steps taken by the FCMAC:
 - Subcommittee on Late Night Emergency Rides
 - Mobility Planning Initiative
 - Intergenerational focus
 - Encouraging people to make their plan if unable to drive

MyNeighborhood | A plan to stay mobile in my community



Finish your plan by filling out the table below. Think of all the places you go and how you get there. Then, consider how you would get to these same places if you couldn't use your current way.

Find transportation options in your ZIP code:


- Rides in Sight
1-855-607-4337
www.ridesinsight.org

Ride share services can help keep you connected to family and friends. Staying social helps maintain quality of life as you age.

Where do I go now? <small>(Such as doctor, grocery store, or physical activity class)</small>	How do I get there now? <small>(Such as drive, get a ride, or use public transportation)</small>	How will I get there in the future? <small>(Such as bus, rideshare, or ride with a friend)</small>
Meet friends for lunch	Drive myself	Get a ride from a friend

Consider a driver refresher course. Some insurers give a discount on your car insurance for taking a course:

- AARP (888) 687-2277 or www.aarp.org
- AAA (800) 222-4357 or www.aaa.com

MyMobility Tip  Practice safe behaviors, such as always wearing a seatbelt, as a driver or a passenger.

EXAMPLES OF MOBILITY MANAGEMENT PROJECTS

gohio mobility

Everyone deserves access to reliable and accessible transportation no matter their age, disability, or veteran status. Gohio Mobility is an easy to use tool for individuals, caregivers, service providers, and advocates to find transportation options. Enter your location and select the time and date of needed transportation as well as other details and see what resources are available in your community.

Information provided in the search is subject to change. Please contact the mobility provider directly to confirm service availability. If you need assistance booking a trip, click "Find a Mobility Manager" to find a Mobility Manager in your county. If you are looking for carpool options or directions by bus, use Gohio Commute trip planner at <https://gohiocommute.com>.

Using This Tool
 Eric Mobilitas, President

WHERE ARE YOU TRAVELING FROM?
 Enter your starting location

WHAT DATE DO YOU NEED TO TRAVEL?
 MM/DD/YYYY

WHAT TIME DO YOU NEED TO TRAVEL?
 5:00 PM

SERVICE TYPES
 Select...

REGIONAL MOBILITY PLAN
2022-2035

TAKE THE SURVEY
 to make your voice heard about your needs and opinions about **transportation.**

REGIONAL MOBILITY PLAN
2022-2035

For a chance to win a \$25 gift card
 take the survey at: morpc.formstack.com/forms/2023_rmp_survey

Licking County *transit* BUS STOP SCHEDULE

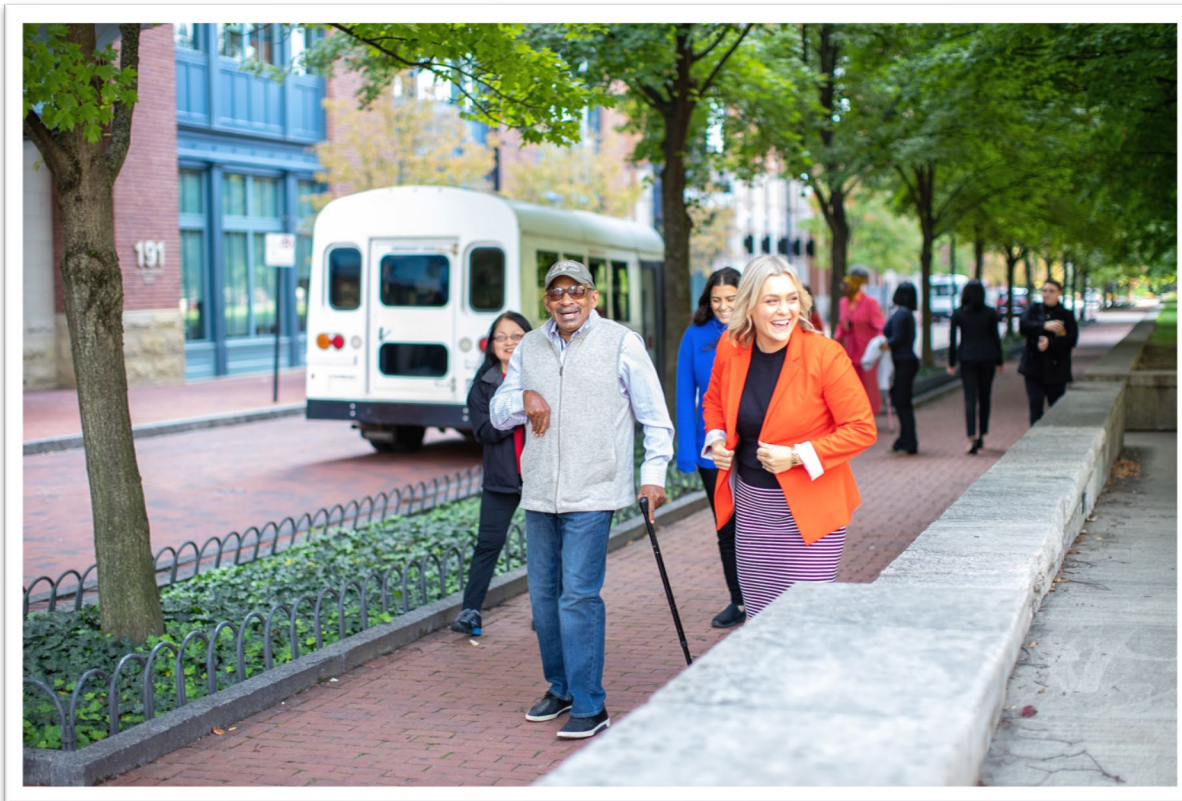
1 - Main St: Timetable
 Route Starts at 6:00 AM

1	1717 W Main	Top of the Hour (:00)
2	Messimer Dr	:04 after the hour
3	28th & W Main	
4	Williams & W Main	:09 after the hour
5	Newark Station EB	
6	Licking County Library EB	:14 after the hour
7	Courthouse South	
8	1st & E Main EB	
9	LMH Family Practice	:21 after the hour
10	Dairy Isle	
11	Licking County Transit	

Key
 — Route Loop
 ● Scheduled Stop



What transportation solutions are you dreaming for your community?





Christine Happel, MSW, LSW
Assistant Director
Age-Friendly Innovation Center
Happel.2@osu.edu

www.agefriendlycolumbus.org

[@AgeFriendlyOH](#)



Emma Strange, MSW
Mobility Coordinator
Mid-Ohio Regional Planning Commission
estrange@morpc.org