

# The Food System and Healthy Eating Workshop - Small Group Discussion Worksheet

Use this space to recommend any strategies related to each goal that could improve our regional food environment and/or bolster healthy eating. Be sure to consider ideas related to the policy environment, physical environment, or social environment.

Use the sticky dots to indicate whether the recommendation is for planners (**blue dots**), public health (**green dots**), and/or food systems stakeholders (**red dots**).

Goal: Increase Food Security

Goal: Increase Food Access

Goal: Foster an Equitable Local Food Economy

Goal: Support an Environmentally Sustainable Food System