Institute for Livable and Equitable Communities
Steering Committee Meeting

LOCATION: MVRPC – 10 N. Ludlow Street, Suite 700, Dayton, OH
DATE/TIME: Friday, April 14, 2023 at 9:30 a.m.

<u>Agenda</u>

Item	Topic	Est. Time	Presenter
I.	**Call to Order and Introductions**	9:30	Brian Martin
II.	**Election of Committee Officers**	9:35	Brian Martin
* III.	**Approval of January 27, 2023 – Meeting Minutes**	9:45	ISC Secretary
IV.	**Public Comment Period on Action Items**	9:50	ISC Secretary
* V.	**Action Items** A. 2023 Livable and Age-Friendly Grant	9:55	Serena Anderson & Donna Kastner
VI.	**Information Items** A. Miami Valley Age-Friendly Network Update • MVAFN April Meeting Recap • Miami Valley Age-Friendly Cohort	10:10	Serena Anderson & Donna Kastner
	B. Regional Equity Initiative Update • Technology & Connectivity • Health & Environment • FY 2024 Strategic Priorities	10:20	Brian Martin
	C. MVRPC Agency Update • MVRPC Staff Update	10:30	Brian Martin
VII.	**Discussion**	10:40	ISC Secretary
VIII.	**Adjournment**	10:45	ISC Secretary

Next Meetings		
MVRPC Annual Dinner	Thursday, April 27th at 5:30 p.m.	Eichelberger Pavilion
Regional Equity Initiative	Tuesday, May 23rd at 2:30 p.m.	Zoom
Age-Friendly Network	Wednesday, July 12th at 10:00 a.m.	Zoom
Institute Steering Committee	Friday, July 28th at 9:30 a.m.	MVRPC

10 North Ludlow St., Suite 700
Dayton, Ohio 45402

Shaping Our Region's Future Together

937.223.6323
TTY/TDD 1.800.750.0750
mvrpc.org

MIAMI VALLEY REGIONAL PLANNING COMMISSION
INSTITUTE FOR LIVABLE AND EQUITABLE STEERING COMMITTEE MEETING
<u>**MINUTES**</u>

Miami Valley Regional Planning Commission	**January 27, 2023**
10 N. Ludlow St., Suite 700, Dayton, OH 45402	**9:30 AM**

<u>**Members/ Alternates**</u>

Tania Arseculeratne, The Dayton Foundation
Becky Benná, Five Rivers MetroParks
Judy Dodge, Montgomery County
Rap Hankins, City of Trotwood
Matt Joseph, City of Dayton
Sarah Williams, City of Huber Heights

<u>**Staff**</u>

Serena Anderson
Jakob Denney
Savannah Diamond
Fabrice Juin
Donna Kastner
Brian Martin

The Miami Valley Regional Planning Commission's Institute Steering Committee met on Friday, January 27, 2023 at 9:30 a.m. at MVRPC, 10 N. Ludlow St., Suite 700, Dayton, Ohio 45402. All members and news media were notified of the meeting pursuant to the Sunshine Law.

I.   WELCOME AND INTRODUCTIONS

Vice-Chairperson Hankins called the meeting to order at 9:37 a.m. Self-introductions were made.

II.   APPROVAL OF OCTOBER 28, 2022 MEETING MINUTES

Mr. Joseph made a motion to approve the minutes from the October 28, 2022 Institute Steering Committee meeting. Ms. Dodge seconded the motion. The motion passed unanimously.

III.   PUBLIC COMMENT ON ACTION ITEMS

None

IV.   ACTION ITEMS

A. 2023 Livable and Age-Friendly Grant

Ms. Anderson and Ms. Kastner presented information on the upcoming Age-Friendly Grant. They proposed a timeline with a February 2023 start date. Members of the ISC felt the timeline is too early and requested that the action item be tabled for a later date. *The decision to table the action item was unanimous and no vote was taken.*

V.   INFORMATION ITEMS

A. Miami Valley Age-Friendly Network Update

Ms. Anderson and Ms. Kastner provided a recap from the Miami Valley Age-Friendly Network meeting held on January 11, 2023.

The four Institute domains covered during the Age-Friendly Network meeting were Employment & Volunteering, Health & Environment, Housing, and Technology & Connectivity. They discussed the AARP/WHO Age-Friendly Livable Communities Program, shared demographics of the current Miami Valley Age-Friendly Cohort, and announced that the Miami Valley is Ohio's First

Age-Friendly Region. Lastly, they discussed recommendations for the 2023 Miami Valley Age-Friendly grants.

B. Regional Equity Initiative Update

Mr. Juin provided an update on the Regional Equity Initiative. He shared information on the Environmental Justice Thriving Communities Technical Assistance Centers Program. He then provided information on the Affordable Connectivity Program, and the ACP Outreach Grant Program. Lastly, Mr. Juin discussed the Strategic Priorities & Special Projects for FY24.

C. MVRPC Agency Updates

Mr. Martin provided information on the upcoming 2023 ISC nomination process. He invited current members to apply and stated that the Board of Directors will vote for the 2023 ISC during their March meeting.

V.   ADJORNMENT

Vice-Chairperson Hankins adjourned the meeting at 11:05 a.m.

MIAMI VALLEY
Regional Planning Commission

10 North Ludlow St., Suite 700
Dayton, Ohio 45402

MEMORANDUM

TO: MVRPC Institute Steering Committee

FROM: Brian O. Martin, AICP, Executive Director

DATE: April 14, 2023

SUBJECT: Introduction of Slate of Candidates for Upcoming ISC Officer Election

MVRPC Staff recommend the following slate of candidates who have demonstrated their commitment to the Institute for Livable and Equitable Communities' mission and have the necessary skills and experience to lead the Institute forward. The election of officers is a critical part of the Institute Steering Committee's governance process.

Seat	Name	Organization
ISC Vice-Chairperson	Rap Hankins	City of Trotwood
ISC Secretary	Matt Joseph	City of Dayton
Age-Friendly Chairperson	Brian Housh	Village of Yellow Springs
REI Chairperson	Rap Hankins	City of Trotwood

Members of the Institute Steering Committee shall vote on the slate of candidates at the meeting on **April 14th, 2023.** There will also be an opportunity for self-nominations from the floor during the meeting. If any committee members are interested in running for a position, they may nominate themselves at that time. We encourage any members who are interested in a leadership role within the Institute to consider this opportunity.

Shaping Our Region's Future Together

2023 Livable & Age-Friendly Communities Grant Opportunity

With generous support from the DMH-Dayton Fund at The Dayton Foundation, the MVRPC Institute for Livable & Equitable Communities is pleased to announce a funding opportunity for MVRPC member organizations. Grants are available in amounts from $5,000 to $20,000 to support the pursuit of AARP Age-Friendly Communities designation. Size and scope of the community will be key criteria for determining the amount awarded to each community.

AARP Age-Friendly Communities designation is a multi-year planning effort focused on recognizing and enhancing age-friendly, livable aspects of your community. This grant is intended to support new communities joining this program and their efforts in the first year of participation.
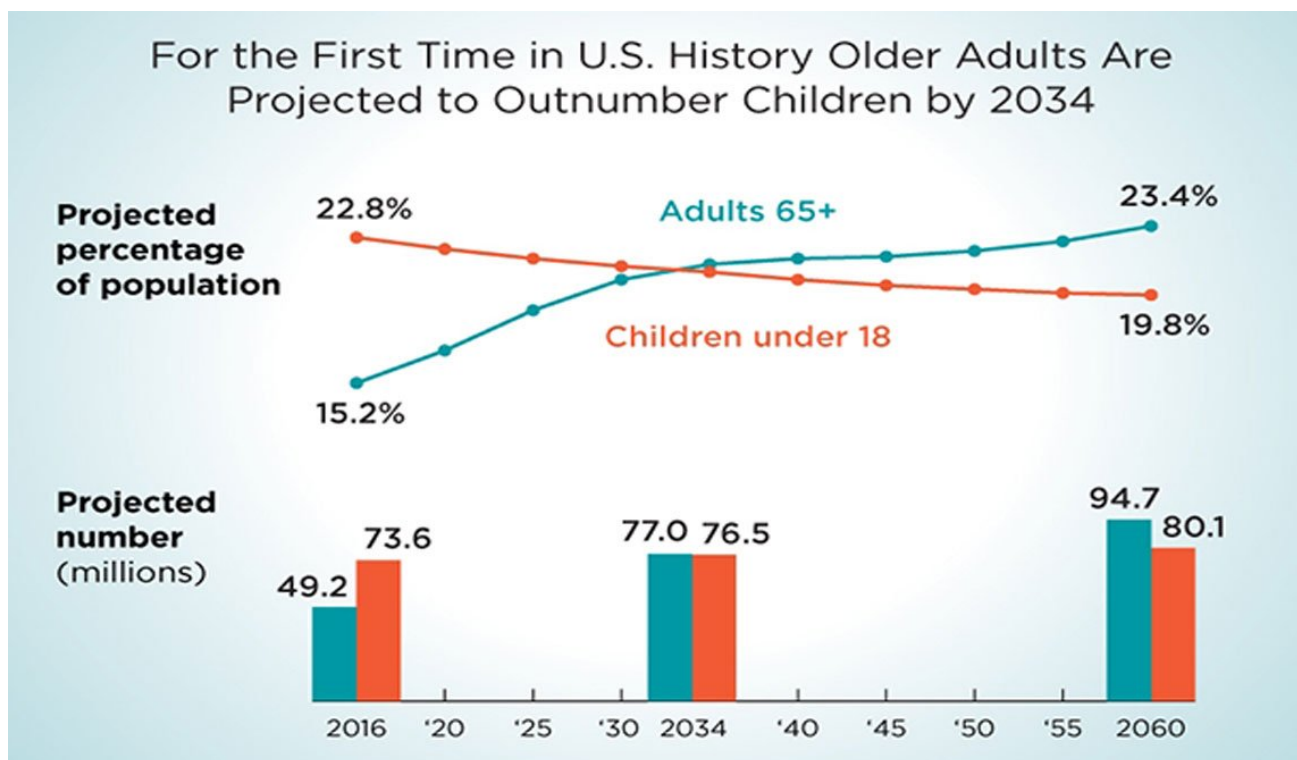
BACKGROUND

CHART FROM THE U.S. CENSUS BUREAU

Fact: The population of the United States is rapidly aging. Per AARP:

- By 2030, one of five people in the U.S. will be 65 or older
- By 2034, for the first time in history, the number of adults older than 65 will be greater than the number of children under 18.

Fact: The Miami Valley region has experienced this age demographic shift sooner than others. By 2020, older adults have outnumbered younger, and experts predict this will intensify for at least the next two decades (statistics derived from Ohio Development Services Agency, Office of Research, 2018).

Our communities need to prepare for the rapid aging of the US population, with more attention focused on addressing environmental, economic, and social factors that influence the health and well-being of older adults.

The AARP Network of Age-Friendly States and Communities (NAFSC)

AARP is the US affiliate of the World Health Organization's global network for age-friendly cities and communities. The Network of Age-Friendly States & Communities (NAFSC) helps cities, towns, and states prepare for the rapid aging of the U.S. population. It is not politically motivated or affiliated.

The NAFSC is a national movement of elected & community leaders who have made a *formal commitment* to actively work toward making their town, city, county or state a great place to live for people of all ages. Joining the Network isn't a certification or designation that your community IS age-friendly. Rather it's a public commitment by local leadership to BECOME an age-friendly community. The NAFSC is a program within the larger AARP Livable Communities Initiative. It is hands on, locally determined and directed. AARP engages with elected officials, partner organizations and local leaders to guide communities through the age-friendly network's assessment, planning, implementation and evaluation process. To learn more about the process, watch Age-Friendly Network Training.

Age-friendly, livable communities are places where the built and social environments are accessible to and inclusive of all residents. People of all ages benefit from the adoption of policies and programs that make neighborhoods walkable, feature transportation options, enable access to key services, provide opportunities to participate in community activities and support housing that's affordable and adaptable. Well-designed, age-friendly communities foster economic growth and make for happier, healthier residents of all ages. Age-Friendly livability projects across the country have been successfully implemented in communities of all sizes and in places that are urban, suburban and rural.

Why Become an Age-Friendly Community

- Being an Age Friendly/Livable Community **benefits all ages**. Barriers are removed, projects that result are designed for diversity, and the community becomes more inclusive and cohesive. Age-friendly communities are great places to live, have a family, and grow older in.

- Engaging in the process to become an Age-Friendly Community **enhances social relationships and bonds** among all community residents. It provides opportunities for residents from different backgrounds and ages to interact and get to know each other, thus facilitating community integration. People feel included and involved.

- There are **economic benefits** to engaging older adults. Older adults and people from different backgrounds expand the labor pool and help address labor shortages. Older adults start more new businesses than young adults, helping to grow the local economy.

- There are **social benefits**. Older adults serve the community through volunteering and civic engagement. All of us are social creatures and our lives are improved by the quantity and quality of our relationships and interactions with others. Never more so than now.

- Age-Friendly communities have **healthy and connected** neighborhoods that improve the quality of life for all.

- Age-Friendly communities **have lower public and personal costs** related to illness and health care.

- Becoming an Age-Friendly community brings **opportunities for coordination and collaboration** among all 8 AARP Domains: Housing, Transportation, Communication & Information, Civic Participation & Employment, Respect & Social Inclusion, Social Participation, Outdoor Spaces & Buildings and Community Support & Health Services.

- Many private businesses and corporations, as well as the federal government look at the **AARP Livability Score** as a determinant of where to locate their businesses or programs.

- Having the official designation provides access to **technical assistance, information, resources** and invaluable **connections** to other Age-Friendly/Livable Communities: large and small, rural and urban.

- There are extensive **funding sources specifically designated for Age-Friendly/Livable Communities** on the local, state, national and even international level (Age-Friendly is a World Health Organization designation). Funds range from small

  Challenge Grants from AARP to larger projects for recreation, housing, health, transit, mobility, internet, etc.

Age-Friendly Communities Funding Opportunity

The Del Mar Health-Dayton Fund at The Dayton Foundation is offering a grant opportunity to to pursue Year 1 steps within the context of a larger multi-year planning effort. Size and scope of each community will guide decisions around grant amounts awarded, which could range from $5,000 to $20,000.

How funds are invested will be at the discretion of each community; however, grant recipients must agree to invest at least half for developing a community survey and accompanying listening sessions/focus groups and/or critical research, data analysis and technical assistance to create an action plan for age-friendly livable community initiatives. Funding assistance could also be used for team formation, the engagement of stakeholders and the recruitment of volunteers.

Proposal Deadlines:

All proposals must be completed and submitted on or before the due date to be considered.

Submission deadlines are as follows:

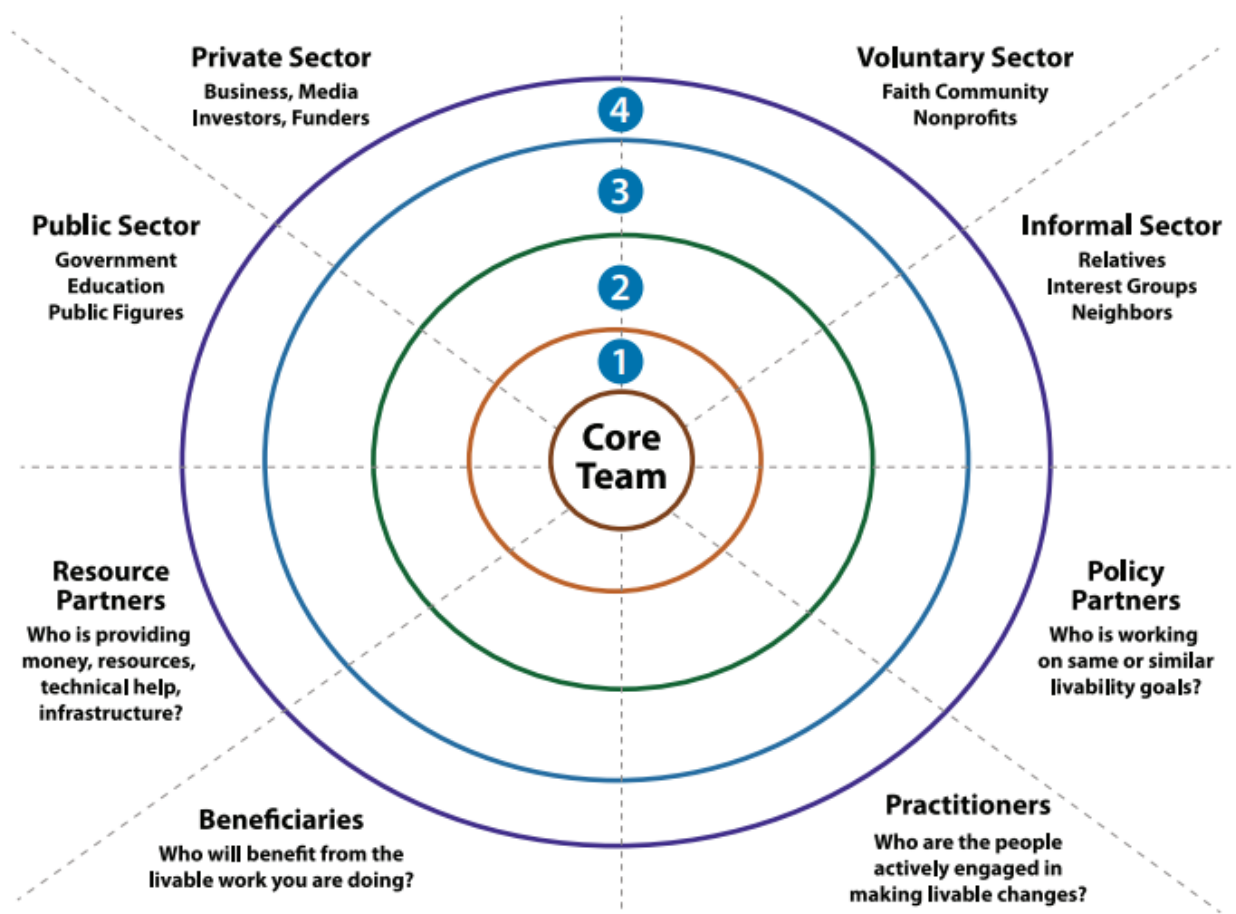| Proposal Deadline	Decision Date	Grant Period
June 16, 2023	July 31, 2023	Aug 2023 – May 2024

- The funding review process includes a thorough review of the merits of each proposal

- To be fair to all applicants and to permit adequate time for the review process, any proposals received after 11:59 p.m. on the deadline will be not be considered

- Proposals must be submitted by a person authorized by the organization

- If any sections of the proposal are incomplete, a written statement must be submitted explaining the reason(s)

To be Eligible for a Grant, Your Organization Must:

- Be an MVRPC member agency and an eligible tax exempt public agency

- Make a commitment to becoming a designated age-friendly community by joining the AARP/World Health Organization (WHO) Network of Age-Friendly States & Communities

Project Deliverables

- Conduct a comprehensive livability assessment to better understand community members' perceptions, behaviors and satisfaction with elements related to AARP's 8 Domains of Livability framework used by those enrolled in the AARP Network of Age-Friendly States and Communities. This assessment process should also explore opportunities to ease disparities and/or advance equitable outcomes for historically marginalized or disinvested populations.

- Prepare and submit a mid-year and final report that captures steps taken/progress and key findings from all assessment efforts, as well as details on how funds were invested.

- Establish a core team of stakeholders/volunteers who are interested in advancing age-friendly initiatives and have capacity to support progress for this program. To learn more about establishing a core team, view the graphic below and review page 10 of Book 1: Roadmap to Livability.

Required Participation in the Miami Valley Age-Friendly Communities Cohort

Successful grant applicants will designate representative/s to participate in the Miami Valley Age-Friendly Communities Cohort for the first year of this program. This cohort of communities will work closely together to advance through the age-friendly designation process and support one another along the way:

- **Year 1:** Conduct a survey & listening sessions
- **Year 2:** Create an action plan
- **Year 3-5:** Implementation
- **Year 5:** Progress / status update

Proposal Guidelines - All proposals are due no later than 11:59 p.m. on June 16, 2023

Step 1: Complete the Project Scoping Outline

Please use an 11 point font and do not exceed 4 pages.

Step 2: Submit Project Scoping Outline and Supporting Documentation

Required documentation for submission:

☐ Completed Project Scoping Outline

☐ A copy of the organization's most recently completed audit, including auditor's notes *or* a balance sheet and income statement covering the agency's most recently completed fiscal year

☐ Please send all documentation as email attachments (PDF documents preferred) to Donna Kastner dkastner@mvrpc.org. You will receive an email confirmation when your proposal has been received. If there are additional questions about your proposal, MVRPC will contact you.

Final Decision and Notification

- Once a decision has been made, MVRPC will contact you.

- Projects are funded through The Dayton Foundation.

- All funds will be distributed via Electronic Funds Transfer (EFT). If selected, you will be asked to complete a full application for funds and written EFT Authorization Form from The Dayton Foundation if the Foundation does not already have the necessary information.

- Awarded Grantees will be invited to attend an orientation virtually or at The Dayton Foundation to introduce the program, provide training, define expectations and answer questions.

Additional Grant Expectations

☐ Press Release: each organization receiving a grant is required to publish an acknowledgement of the grant. The publicity may be in the form of a press release, an annual report, a brochure or materials related to the project or in some other means of communication. All public recognition should acknowledge the Institute for Livable & Equitable Communities at MVRPC and The Dayton Foundation. Note: All acknowledgements and any publicity regarding the grant must be submitted to for review and comment prior to publication/release to the public.

☐ Narrative and financial reports: will be required during the grant period to include an interim and final report. Examples of the reporting requirements can be provided upon request. Further detail about required reporting will be provided during the grantee orientation session.

For Additional Information

Contact Donna Kastner, Del Mar Encore Fellow, MVRPC's Institute for Livable and Equitable Communities at dkastner@mvrpc.org

Age-Friendly Initiative Project Scoping Outline

PART 1: GENERAL INFORMATION

Name of Local Government Organization	
Mailing Address	
City, State & Zip	
Phone Number	
Website	
Federal Tax ID	
Point of Contact Name	
Point of Contact Title	
Point of Contact Email Address	
Point of Contact Phone Number	

Please provide a summary of your project proposal in no more than four sentences:

TERMS AND CONDITIONS

ASSURANCES
- ☐ Agency is an MVRPC Member
- ☐ Agency is an eligible tax exempt public agency
- ☐ Agency will commit to becoming a designated age-friendly community by joining the AARP/World Health Organization (WHO) Network of Age-Friendly States & Communities

Application must be submitted only as an e-mail attachment to dkastner@mvrpc.org.
I hereby certify that, to the best of my knowledge, all information presented in connection with this application is accurate.

City Manager / Administrator Signature	Date
Mayor/Commission/Board Chair Signature	Date

Age-Friendly Initiative Project Scoping Outline

PART 2: PROJECT SUMMARY

Please summarize your project proposal, including brief, but specific responses to the following: providing a 3-4 sentence paragraph per question

Name of Community	
Anticipated Project Budget	

Tell us why you are interested in pursuing Age-Friendly Communities designation.

Collaboration amongst eligible MVRPC members is encouraged. Tell us more about how you will partner with other communities and public agencies.

What are the current strengths of your community as related to age-friendliness?

What are the areas where you feel your community could be more age-friendly?

It is important to consider engaging early and to establish a core team & stakeholder groups. How will you involve your residents and community stakeholders in this effort?

What strategy for survey implementation and/or community outreach will you use to ensure underserved populations are a part of the effort or captured?

If awarded, who would be the representative/s from your community to participate in the Miami Valley Age-Friendly Communities Cohort? (described on page 4)

OPTIONAL

Please provide a budget if known to help ensure funding meets project needs. If budget is unknown, we will work with you to identify a budget accordingly. If expenses exceed revenues, please explain how difference will be offset with additional funding.

Age-Friendly Initiative Project Scoping Outline	
PART 3: PROJECT BUDGET	
REVENUE	**BUDGET**
DMH-Dayton Fund – The Dayton Foundation	
Other Grants	
Other (include any in-kind support)	
Total Revenue	
EXPENSES (line-by-line breakdown)	**BUDGET**
e.g. Contractor/Consultant	
Total Expenses	
REVENUE LESS EXPENSES	

Accompanying one-page narrative welcome if additional explanation is warranted.