



# Regional Livable and Equitable Communities Initiative

MVAFN Meeting February 12, 2025



# Miami Valley Age-Friendly Network



The Dayton  
Foundation  
*We help you help others.*

Del Mar Encore  
Fellows Initiative



**MIAMI VALLEY**  
Regional Planning Commission





# The Greater Region Mobility Initiative Plan

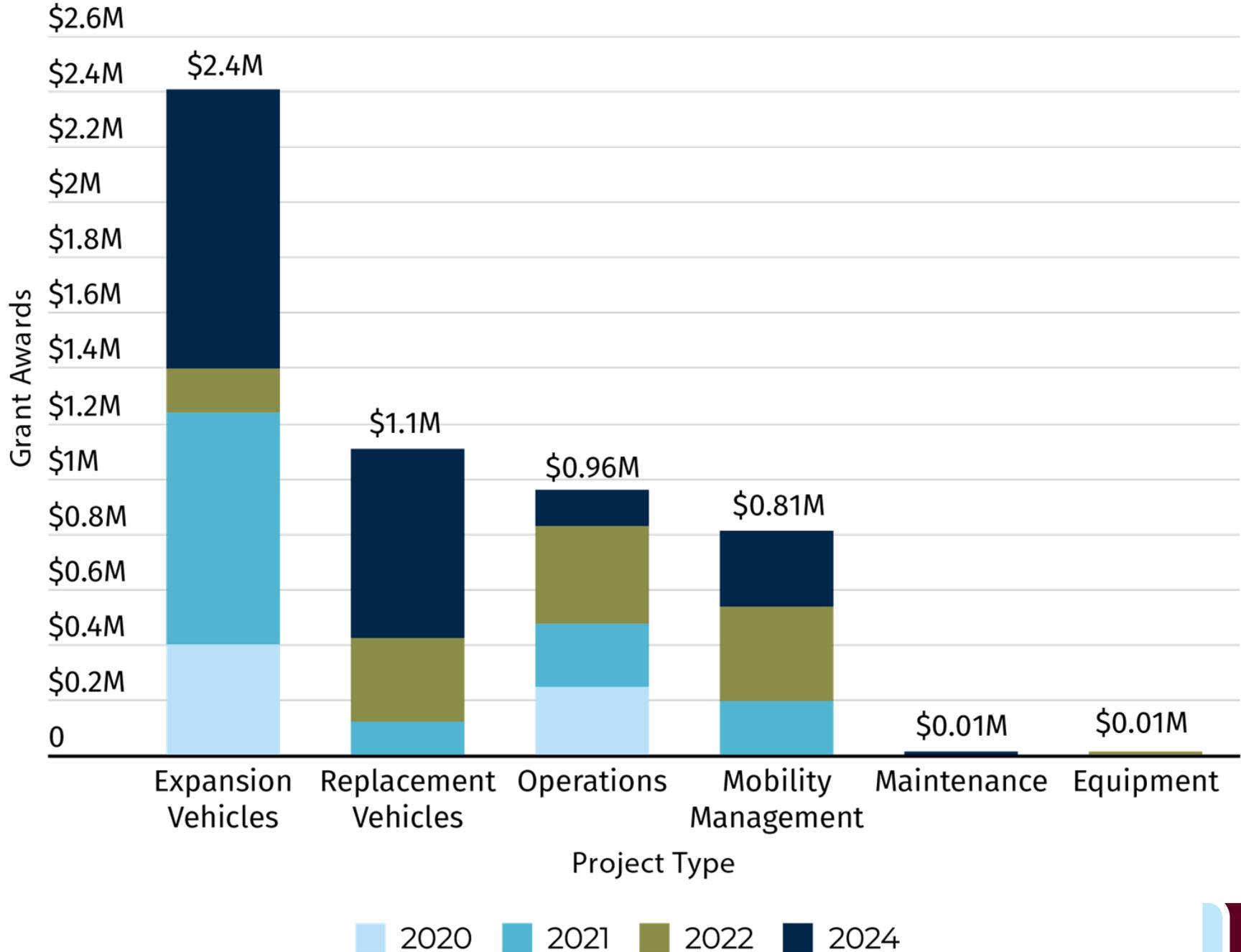
# Purpose

*To identify unmet needs for transportation services, establish local and regional goals and strategies for meeting needs, and prioritize projects for funding and implementation.*





# Section 5310 Funding



# *What is Mobility Management?*

Shannon Webster  
Greene County Mobility Manager



# Mobility Management

Mobility Management is an approach to designing and delivering transportation services that starts and ends with the customer. It begins with a community vision in which the entire transportation network—public transit, private operators, cycling and walking, volunteer drivers, and others—works together with customers, planners, and stakeholders to deliver the transportation options that best meet the community's needs.

(Source: [www.nationalcenterformobilitymanagement.org](http://www.nationalcenterformobilitymanagement.org))

# Travel Training

- Assists individuals in developing the skills needed to ensure safe, independent travel, which includes the physical ability to safely navigate public transportation
  - Tailored to the person's needs
  - provides knowledge of the different transportation options available
  - no cost to learn

[www.greenecountyohio.gov/1700/Travel-Training](http://www.greenecountyohio.gov/1700/Travel-Training)

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# Pedestrian Safety Training

- Street Smarts curriculum
  - Defines pedestrian
  - Where to walk/bike/roll
  - Traffic/Safety signs
  - Active transportation options
- Classroom
- Out in the Community
  - In partnership with local PD
  - Practice what we learn



# Technology Tools I Use

- [Greene CATS Connection Newsletter](#)
- Greene CATS Public Transit website (CivicPlus)
  - [www.greenecountyohio.gov/GreeneCATS](http://www.greenecountyohio.gov/GreeneCATS)
  - @greenecats Facebook
  - @greenecats X (Twitter)
  - Google My Business & Google Maps
- DLVRIT <https://dlvrit.com/>
- Mailchimp <https://mailchimp.com>
- CANVA <https://www.canva.com/>

# Mobility Managers

- Increase understanding and awareness of community transportation needs
- Increase awareness of current community transportation options and programs
- Ensure that transportation considerations are included in local and regional planning activities
- Increase local capacity for transportation services
- Assist individuals with accessing all community transportation options

# Cross-Planning in Mobility



Emergency  
Management



Community  
Health

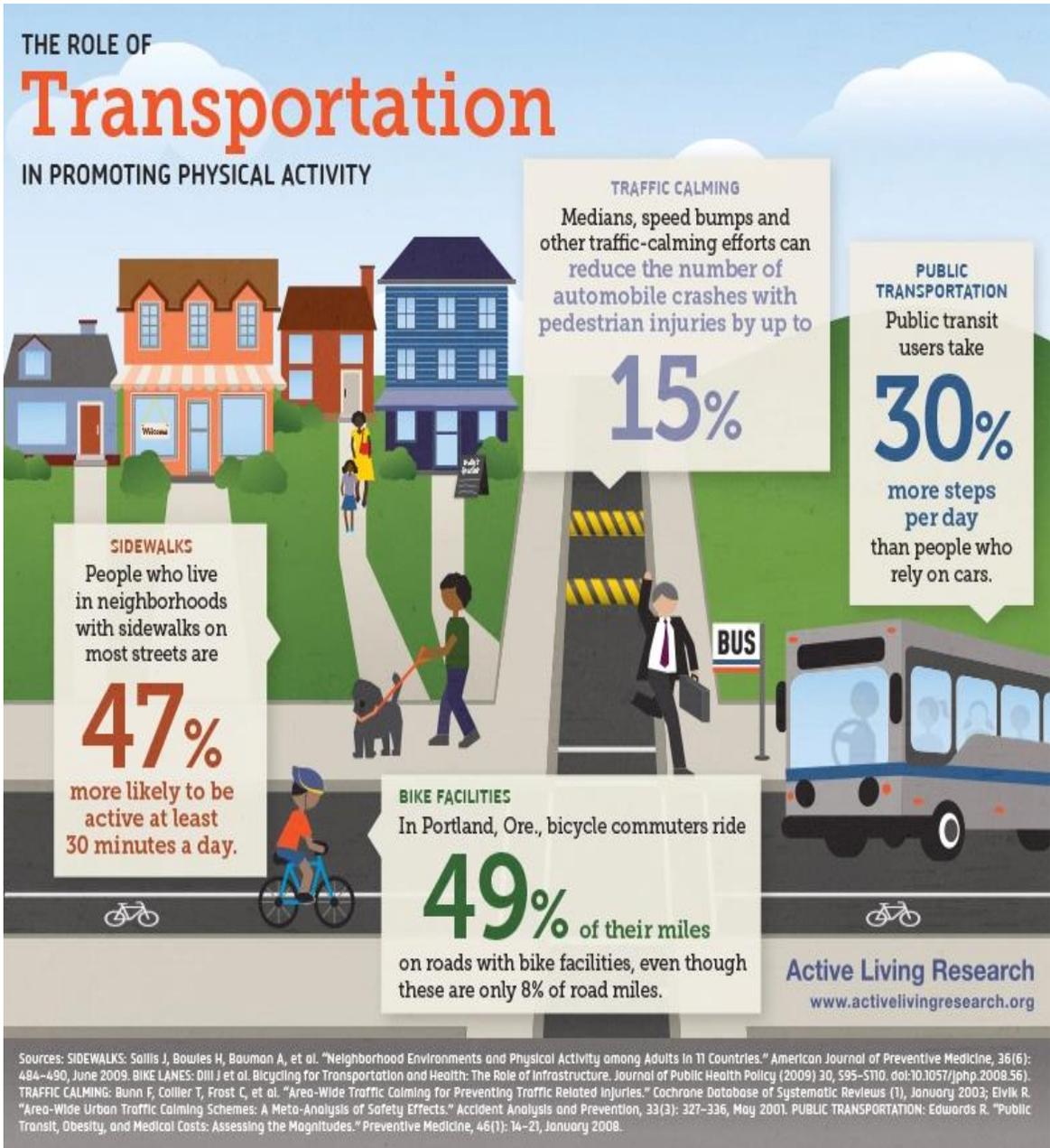


Workforce

Medicaid

Economic  
Development





# Active Transportation

- Can provide an effective first mile/last mile solution
- Can be supported financially by transit dollars
- Mobility Managers can engage in complete street activities
- Mobility Managers promote Healthy Eating, Active Living
  - Social Determinants of Health

# Increase Understanding & Awareness

- Attend community meetings to discuss transportation options
- Meet with decision makers to educate and inform on transportation needs and resources
- Establish and participate in data collection/research activities
- Use technology to create tools where individuals can easily access information about options
- Produce marketing materials
- Attend community events to market options

# U.S. Centers for Disease Control & Prevention

## MyMobility Plan

### What can you do to stay independent?

Many of us make plans for retirement, but not everyone plans for other changes that come with age. This includes changes in our mobility—our ability to get around. It can be hard to talk about, but physical changes can affect our mobility as we get older. These changes can make it harder to get around and do things we want or need to do—like driving, shopping, or doing household chores.



The MyMobility Plan can help you stay safe, mobile, and independent as you age. CDC developed this planning tool to help older adults plan for future mobility changes that might increase their risk for motor vehicle crashes and falls.

<https://www.cdc.gov/older-adult-drivers/mymobility/index.html>

<https://www.cdc.gov/older-adult-drivers/media/pdfs/CDC-MyMobilityTool.pdf>



## Department of Aging

1. Senior Transportation Programs
2. Public Transit Agencies
3. Ohio Mobility Management Program
4. Non-Emergency Medical Transportation (NEMT)
5. Ridesharing
6. 2-1-1

<https://aging.ohio.gov/care-and-living/staying-active/staying-active-catalog/transportation-assistance>

[https://www.transportation.ohio.gov/  
programs/olderdrivers](https://www.transportation.ohio.gov/programs/olderdrivers)

**STAY**  
**FIT TO**  
**DRIVE**





<https://car-fit.org/>

CarFit is an educational program developed by AARP and the American Occupational Therapy Association that offers older adults the opportunity to check how well their personal vehicles "fit" them.

The program provides information and materials on community-specific resources that could enhance their safety as drivers and/or increase their mobility in the community.

# Why

Remove  
transportation  
barriers for  
people



# Greene County

Shannon Webster, M.P.A., C.N.P

Greene County Mobility Manager

Greene CATS Public Transit

2380 Bellbrook Ave., Suite A, Xenia OH 45385

Phone: 937-708-8316

[swebster@greenecats.org](mailto:swebster@greenecats.org)

- [www.greenecountyohio.gov/GreeneCATS](http://www.greenecountyohio.gov/GreeneCATS)
- [www.greenecountyohio.gov/923/Mobility-Management](http://www.greenecountyohio.gov/923/Mobility-Management)



# CARFiT

Helping Mature Drivers Find Their Safest Fit

**Learn how to use and adjust the safety devices in your vehicle**  
**Registration Required. FREE with Pass**

**Thursday, April 11**  
**11a-1p**

**Joyce Young Center Parking Lot**



**Sign Up NOW for your**  
**15 minute check up with a technician**

Sponsored by 

**This is not a driving test or mechanical inspection.**









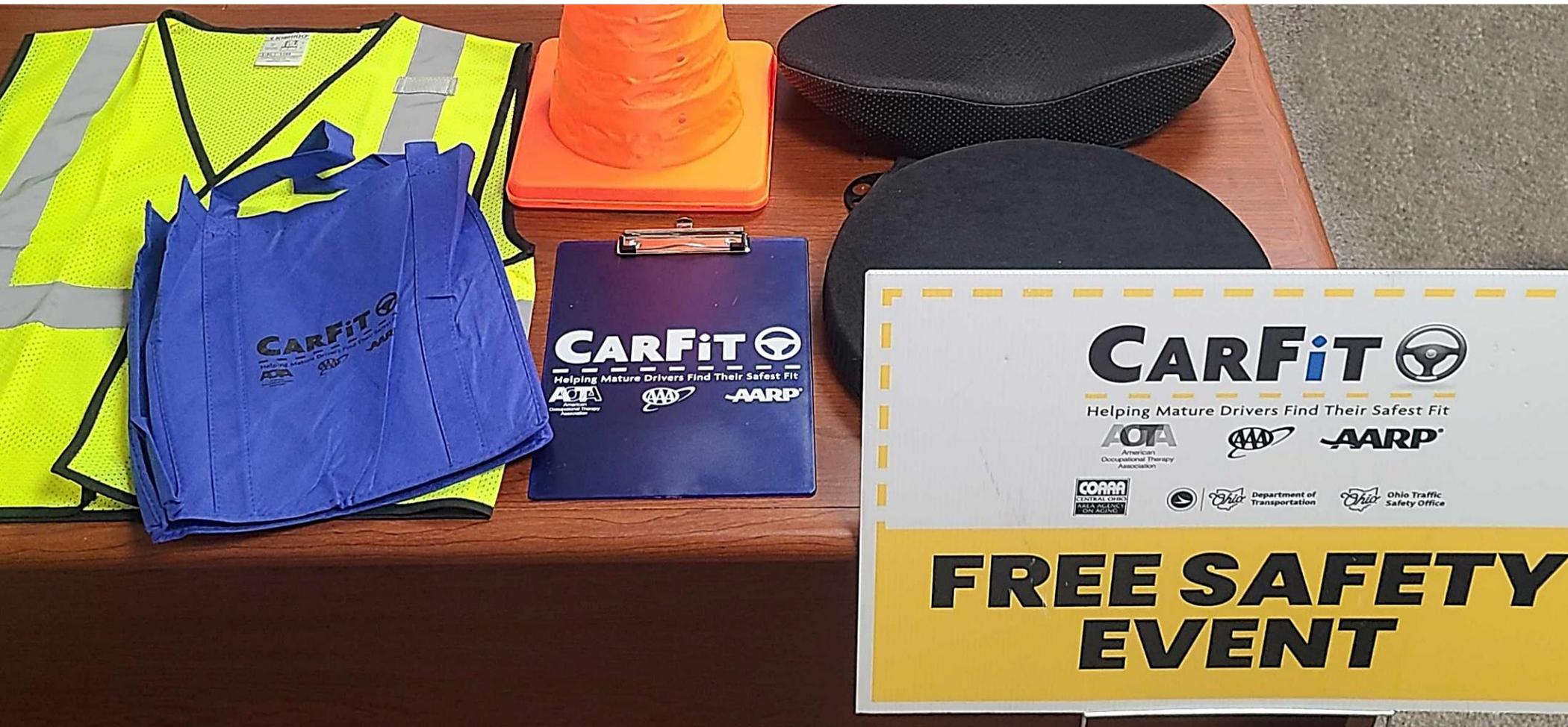


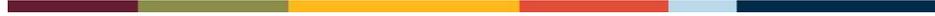
# CarFit Resources

# CarFit Toolkit

Request Toolkit: <https://mvrpc.formstack.com/forms/carfittoolkit>

More Information: Serena Anderson, [sanderson@mvrpc.org](mailto:sanderson@mvrpc.org)





# Questions About CarFit?





**2025 Livable & Age-Friendly Communities Grant Opportunity**

**Supported by The Del Mar Healthcare Fund at The Dayton Foundation  
And Miami Valley Regional Planning Commission**

# Age-Friendly Grants

Grants from The Del Mar Healthcare Fund at The Dayton Foundation

One application form for Year 1 and Year 2... Just specify which one.

3 Proposal deadlines/Decision dates in 2025

With generous support from the DMH-Dayton Fund at The Dayton Foundation, the MVRPC Institute for Livable & Equitable Communities is pleased to announce a funding opportunity for MVRPC member organizations. Grants are available from \$5,000 to \$20,000 to support the pursuit of becoming an AARP Livable and Age-Friendly Community. The size and scope of the community will be key criteria for determining the amount awarded to each community.

AARP Livable and Age-Friendly Communities designation is a multi-year planning effort focused on recognizing and enhancing age-friendly, livable aspects of your community. This grant is intended to support new communities joining this program, as well as communities who are engaged in the multi-year planning process. Grants can support **first year** community needs assessments/survey, **second year** age-friendly action plans or community projects that address community survey results and age friendly action plan goals.

Applications are solicited for both **Year 1**- Needs Assessment; and, **Year 2**-Action Planning/Action Plan Projects. PLEASE SELECT THE CORRESPONDING APPLICATION FORM FOR YOUR GRANT REQUEST

**Grant Opportunity – YEAR 1-Assessments**

The Del Mar Health-Dayton Fund at The Dayton Foundation is offering a grant opportunity to pursue Year 1 steps within the context of a larger multi-year planning effort. Size and scope of each community will guide decisions around grant amounts awarded, which could range from \$5,000 to \$20,000.

How funds are invested will be at the discretion of each community; however, grant recipients must agree to invest at least half for developing a community survey and accompanying listening sessions/focus groups and/or critical research, data analysis and technical assistance to create an action plan for age-friendly livable community initiatives. Funding assistance could also be used for team formation, the engagement of stakeholders and the recruitment of volunteers.

**Grant Opportunity – YEAR 2 -Action Plans/Projects**

In contrast to previous grants offered by The Del Mar Health-Dayton Fund at The Dayton Foundation this opportunity follows a responsive grant model where members of the MVAFN are encouraged to propose improvements, undertakings or projects they believe will advance age-friendly initiatives for their community. Essentially, we are asking you to make proposals.

Proposal Deadline	Decision Date	Grant Period
April 1	May 1	June 1, 2026
July 1	August 7	September 1, 2026
October 1	November 6	December 1, 2026



# Some useful and helpful LINKS

- <https://agefriendly.osu.edu/>
- <https://agefriendly.osu.edu/engagement/technical-assistance-program/>
- [The Age-Friendly Guidebook by AARPAgeFriendly - Issuu](#)



# Age-Friendly Innovation Center - TAP



THE OHIO STATE UNIVERSITY

[Map](#)

[Buckeye Link](#)

[Webmail](#)

[Search Ohio State](#)

College of Social Work

## Age-Friendly Innovation Center

[About](#) [Research](#) [Education](#) [Engagement](#) [Contact](#) [Give Today](#)



[Home](#) > [Engagement](#) > [Technical Assistance Program \(TAP\)](#)

## Technical Assistance Program (TAP)

### What is Technical Assistance Program (TAP)?

With the support of the [HealthPath Foundation of Ohio](#), TAP is a first-of-its-kind initiative to increase the number of and support to Ohio Communities working toward age-friendly goals.

TAP expands the WHO's and AARP Livable Communities' Age-Friendly framework across the state by engaging older adults as experts in creating innovative, evidence-based solutions to make Ohio a better place to live for people of all ages and abilities.

### Age-Friendly Certificate Program

The Age-Friendly Innovation Center (AFIC) at The Ohio State University College of Social Work has partnered with local and national experts to create an online training that provides the opportunity for participants to earn a Certificate in Age-Friendly Communities. Earning this certificate will demonstrate competency in the foundational tenets of creating an age-friendly community.

[Age-Friendly Communities Certificate: Course 1](#)

### Age-Friendly Office Hours

AFIC at the Ohio State University College of Social Work hosts monthly office hours to provide support for age-friendly communities in Ohio. New or currently enrolled age-friendly communities are welcome to join us for this question-and-answer session.

[Age-Friendly Innovation Center - Office Hours](#)



# 2025 AARP Community Challenge

Learn about our quick-action grant program — and apply by Wednesday, March 5, 2025, 5 p.m. ET | 2 p.m. PT

Page published: January 8, 2025



**A**

**2025 AARP COMMUNITY CHALLENGE**

**Application Deadline:**  
Wednesday, March 5, 2025  
5 PM (ET) / 2 PM (PT)

**AARP COMMUNITY CHALLENGE**  
Grants to make communities livable for people of all ages  
[aarp.org/CommunityChallenge](https://aarp.org/CommunityChallenge)

Picture: Knight Creative Communities Institute  
2023 AARP Community Challenge Grantee (Tallahassee, Florida)

## 2025 AARP COMMUNITY CHALLENGE



**AARP offers "quick-action" grants for local projects!**

Application Deadline: March 5, 2025, 5 PM (ET) | 2 PM (PT)

**APPLY HERE!**



# Questions or Discussion



**Arnie Biondo**  
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