



PLAN4Health
Miami Valley

WORKSHOP SERIES

Advancing Active Living in Your Community

MVRPC is offering a free workshop to your team to advance active living in your community. This workshop will be tailored to your community's unique needs.

Interested? Contact Martin Kim, Director of Regional and Community Planning at mkim@mvrpc.org



This local active living workshop builds on our [regional and county workshops](#), and will be customized to what your community needs. The MVRPC team will work with you to determine a range of planning activities and host a workshop (90 minutes to two hours) that suits your schedule and needs.

In the Workshop

- Learn about the concept of active living and a range of interventions and best practices
- Assess existing conditions in an area of your community through an on the ground Active Living Audit
- Explore community assets, challenges, and opportunities to improve active living

What You'll Takeaway

- Specific strategies and recommendations to improve active living in your community
- Checklists and procedural templates to conduct additional reviews for other areas of your community
- Best practices on policies, programs, and projects covering the topics of land use, transportation, design, and programming

What We Need From You

- Interest in advancing active living in your community
- An area in your community you want to explore
- Assistance securing a workshop meeting location
- We will take care of the rest!