

**Institute for Livable and Equitable Communities  
Miami Valley Age-Friendly Communities Network**

**January 12, 2022**



**MIAMI VALLEY**

Regional Planning Commission

**INSTITUTE FOR LIVABLE & EQUITABLE COMMUNITIES**



**Welcome - Becky Benná**  
**Chief Executive Officer, Five River MetroParks**  
**& Chairperson, Age-Friendly Initiative of**  
**MVRPC's Institute for Livable & Equitable Communities**

# Agenda

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- |      |                            |            |   |
|------|----------------------------|------------|---|
| I.   | Welcome                    | 10:00 a.m. | Becky Benná<br>Chief Executive Officer, Five Rivers MetroParks<br>& Chairperson, Age-Friendly Initiative of<br>MVRPC's Institute for Livable & Equitable<br>Communities             |
| II.  | Agenda Overview            | 10:05 a.m. | Leigh Sempeles<br>Del Mar Encore Fellow   |
| III. | AARP Designation           | 10:10 a.m. | Doug Tayek<br>Associate State Director of Outreach and Advocacy<br>AARP Ohio<br><br>Nicole Ware<br>Associate State Director of Outreach and Advocacy<br>(Southwest Ohio), AARP Ohio |
| IV.  | Funding Opportunity        | 10:45 a.m. | Leigh Sempeles<br>Del Mar Encore Fellow   |
| V.   | Emerging Workforce Trends  | 11:05 a.m. | Donna Kastner<br>Del Mar Encore Fellow  |
| VI.  | Open Discussion/Next Steps | 11:20 a.m. | All   |

The next meeting will be: Wednesday, April 13, 2022 @ 10:00 a.m. via Zoom.





# **AARP Designation**

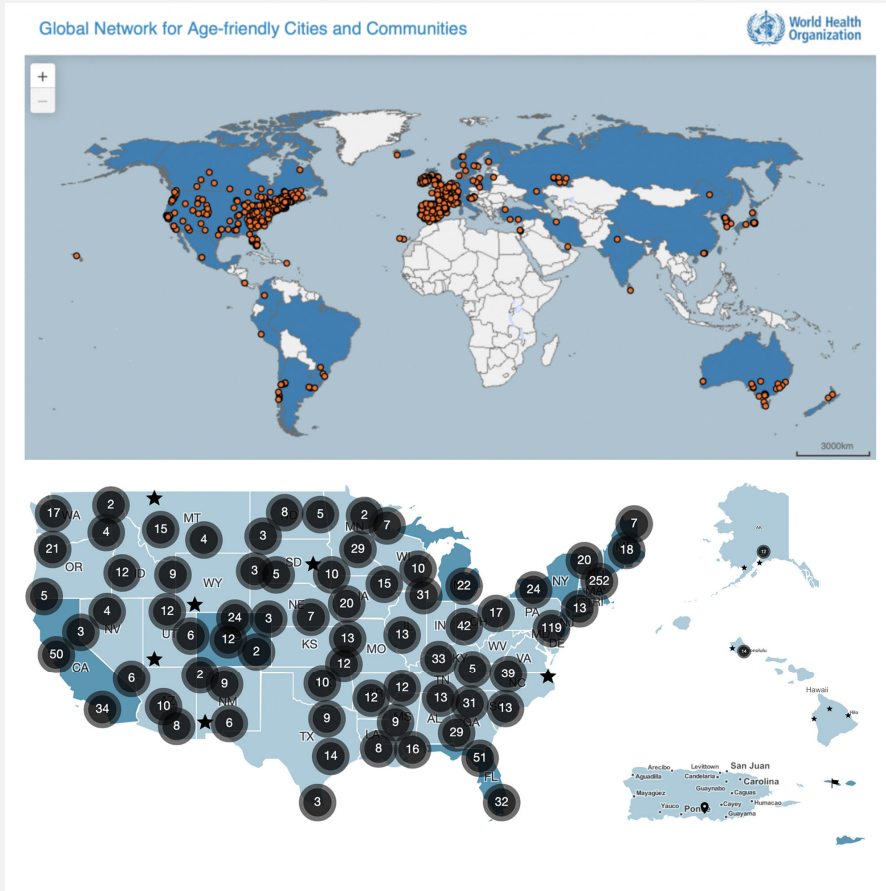


# Livable & Age-Friendly Communities

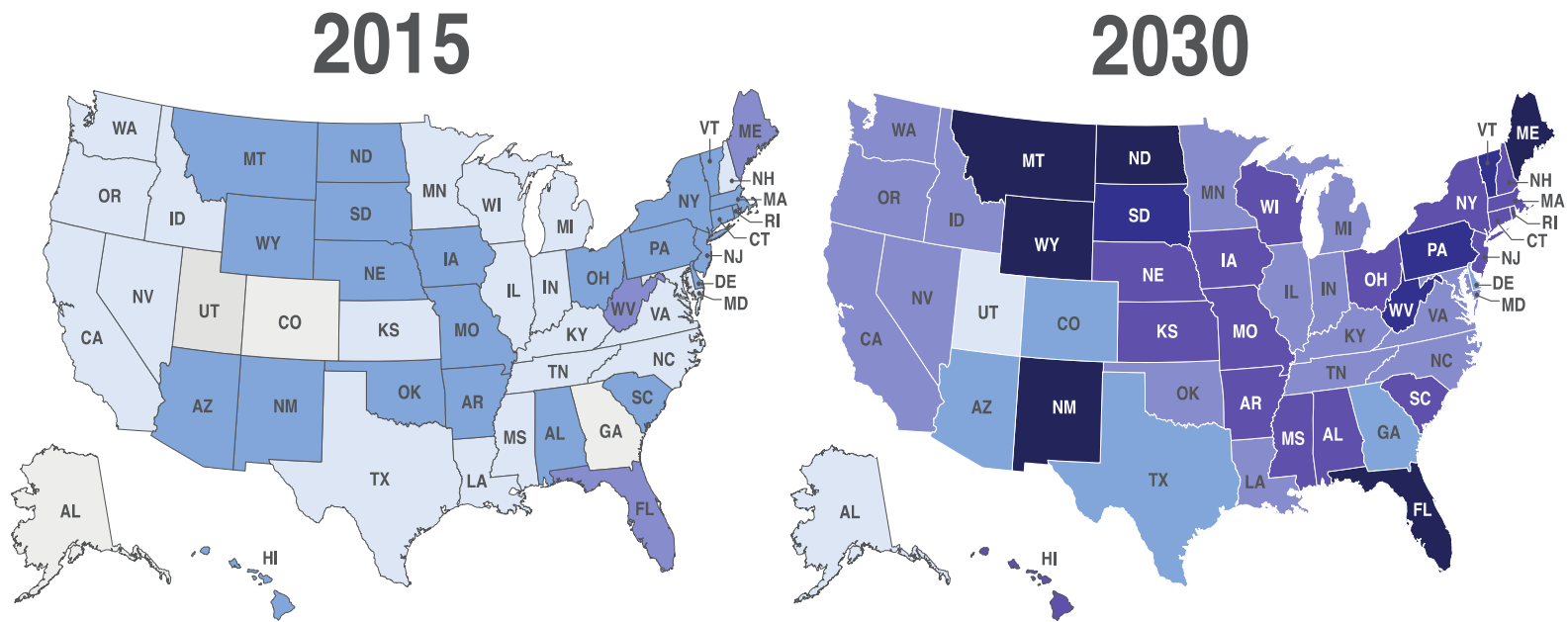
Nicole Ware & Doug Tayek – AARP Ohio



# At Home and Around the Globe



# America is aging



PERCENT OF POPULATION AGE 65+

0-10	10-12.5	12.5-15	15-17.5	17.5-20	20-22.5	22.5-25	25-27
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**AARP**  
Real Possibilities

Source: US Census

## From the *AARP Policy Book*

*A livable community is one that is safe and secure, has affordable and appropriate **housing** and **transportation** options, and has supportive **community features** and services.*

*Once in place, those resources enhance personal independence; allow residents to age in place; and foster residents' **engagement** in the community's civic, economic, and social life.*





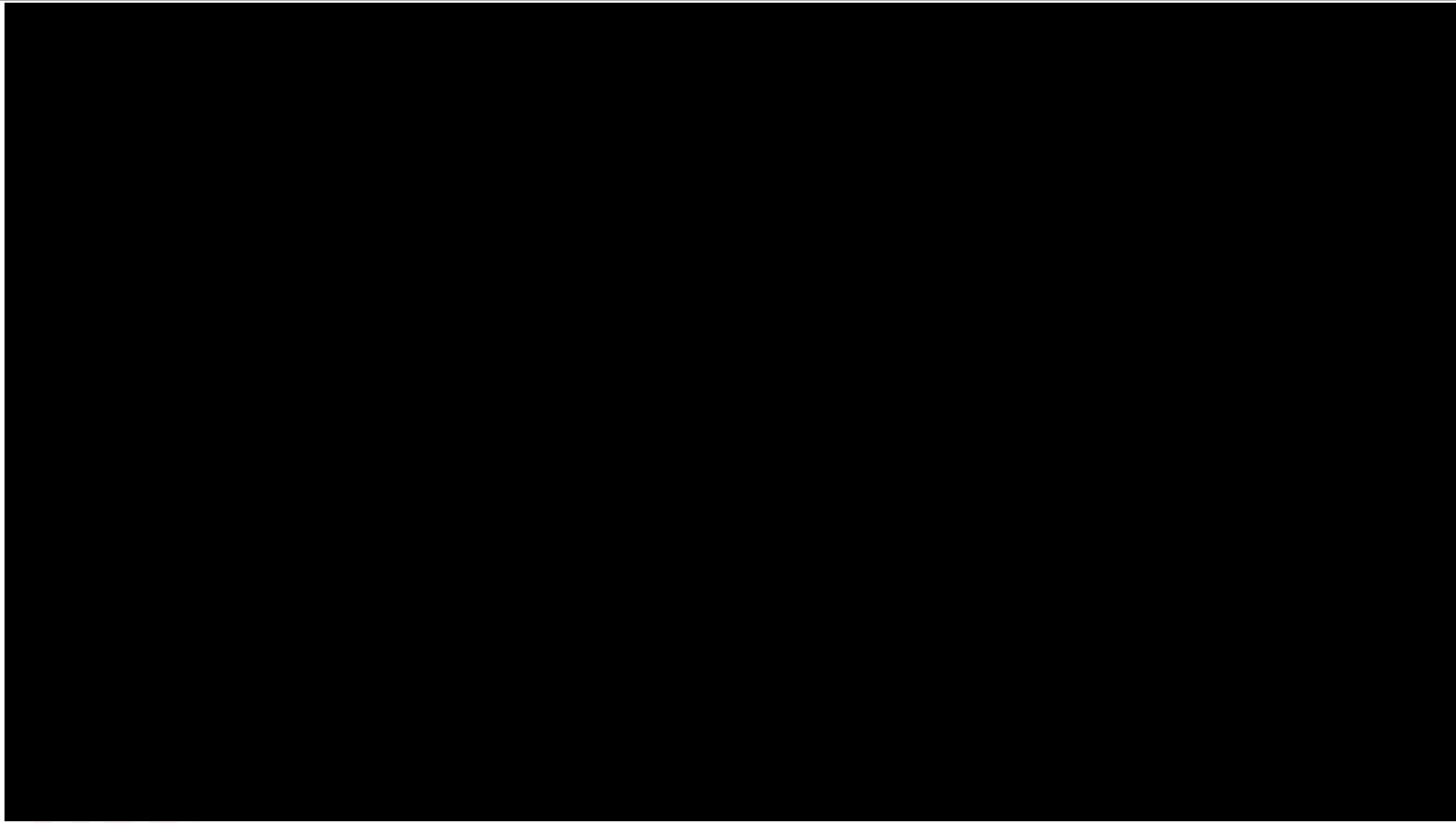
## Age-friendly communities

*An age-friendly community is one that is free from physical and social barriers and is supported by **policies, systems, services, products and technologies** that:*

- promote health and build and maintain physical and mental capacity across the life course; and*
- enable people, even when experiencing capacity loss, to continue to do the things they value.*

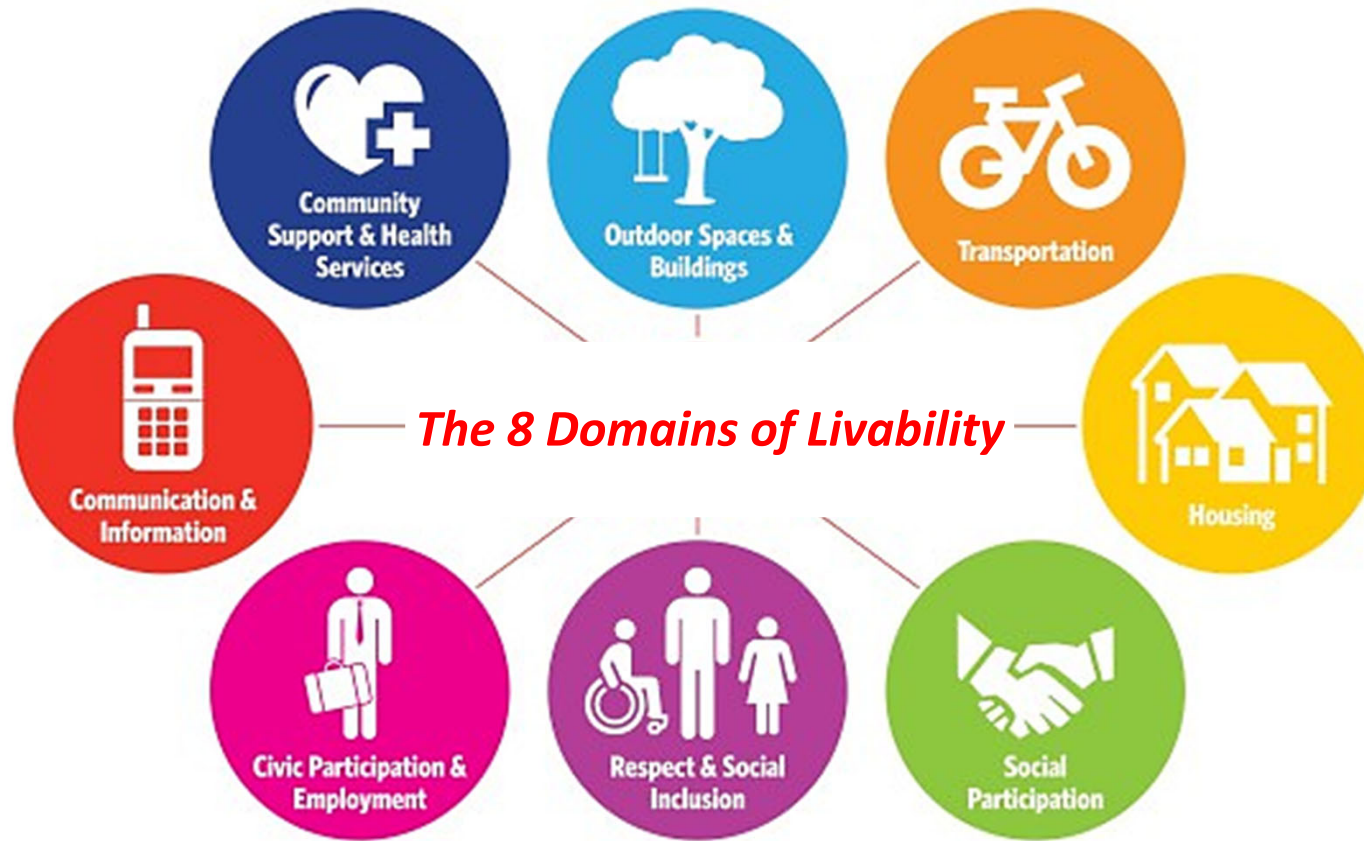


## What Is a Livable Community?



**AARP**  
Real Possibilities

## What makes a community a great place to live?



## Are communities ready?



American homes have traditionally been designed and built for able-bodied 35 year olds.



For the past 50 years, communities have developed around motor vehicles as the principal form of transportation.



**AARP**  
Real Possibilities

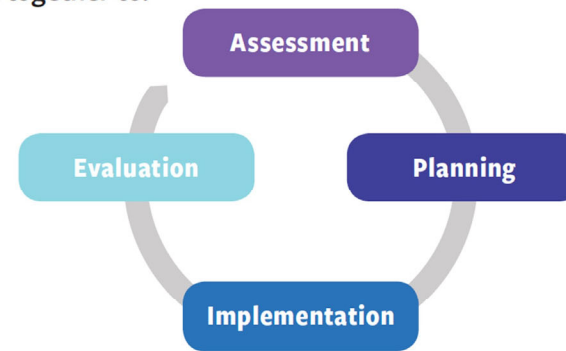
# A Livable Community for All

## AARP Network of Age-Friendly States and Communities CONTINUING CYCLE OF PLANNING AND IMPROVEMENT

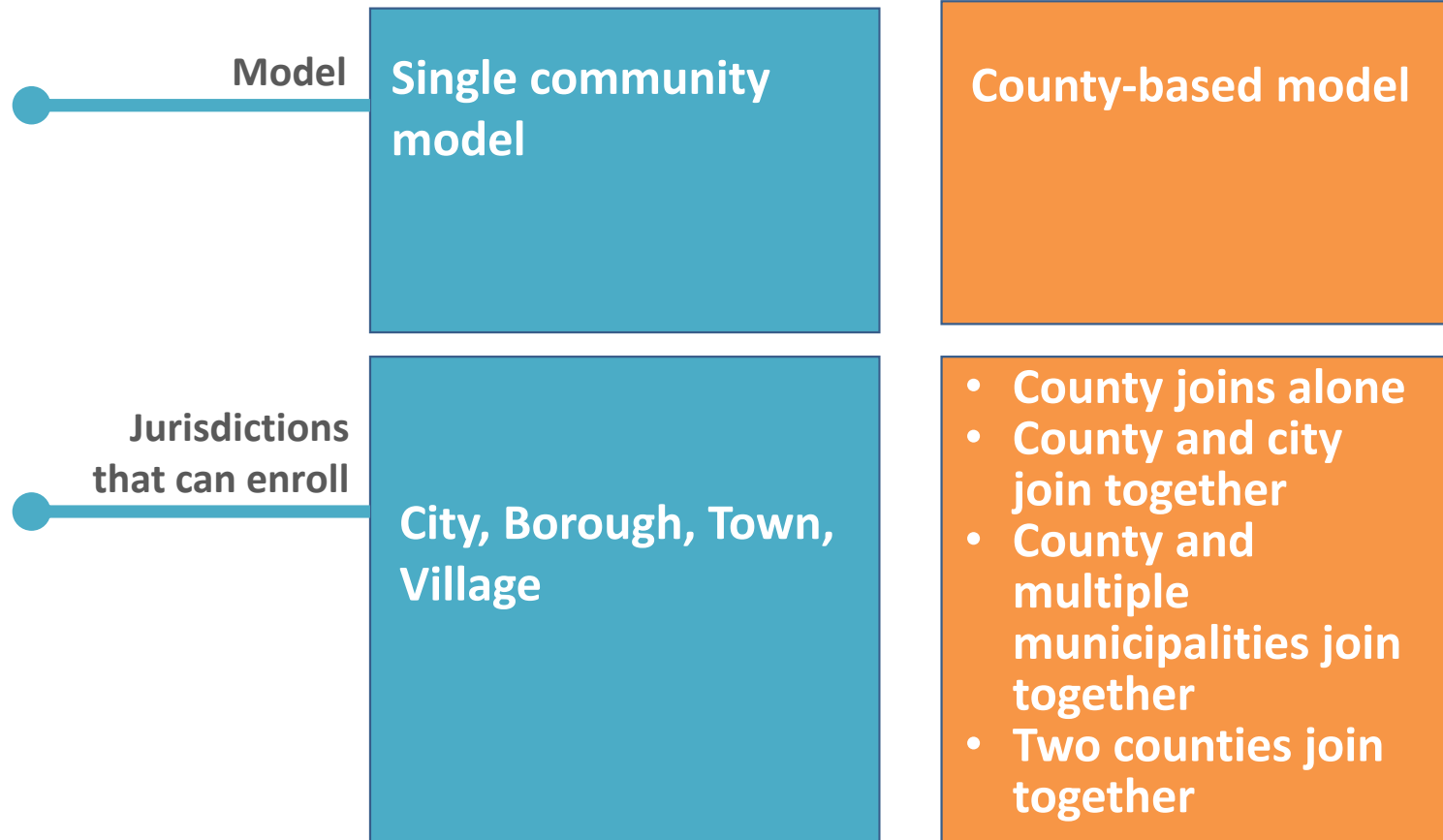
In this model, community leaders and residents work together to:

1. Conduct a comprehensive and inclusive baseline assessment of the age-friendliness of the community
2. Develop a three-year community-wide action plan based on assessment findings
3. Implement the plan
4. Use identified indicators to monitor progress against the plan

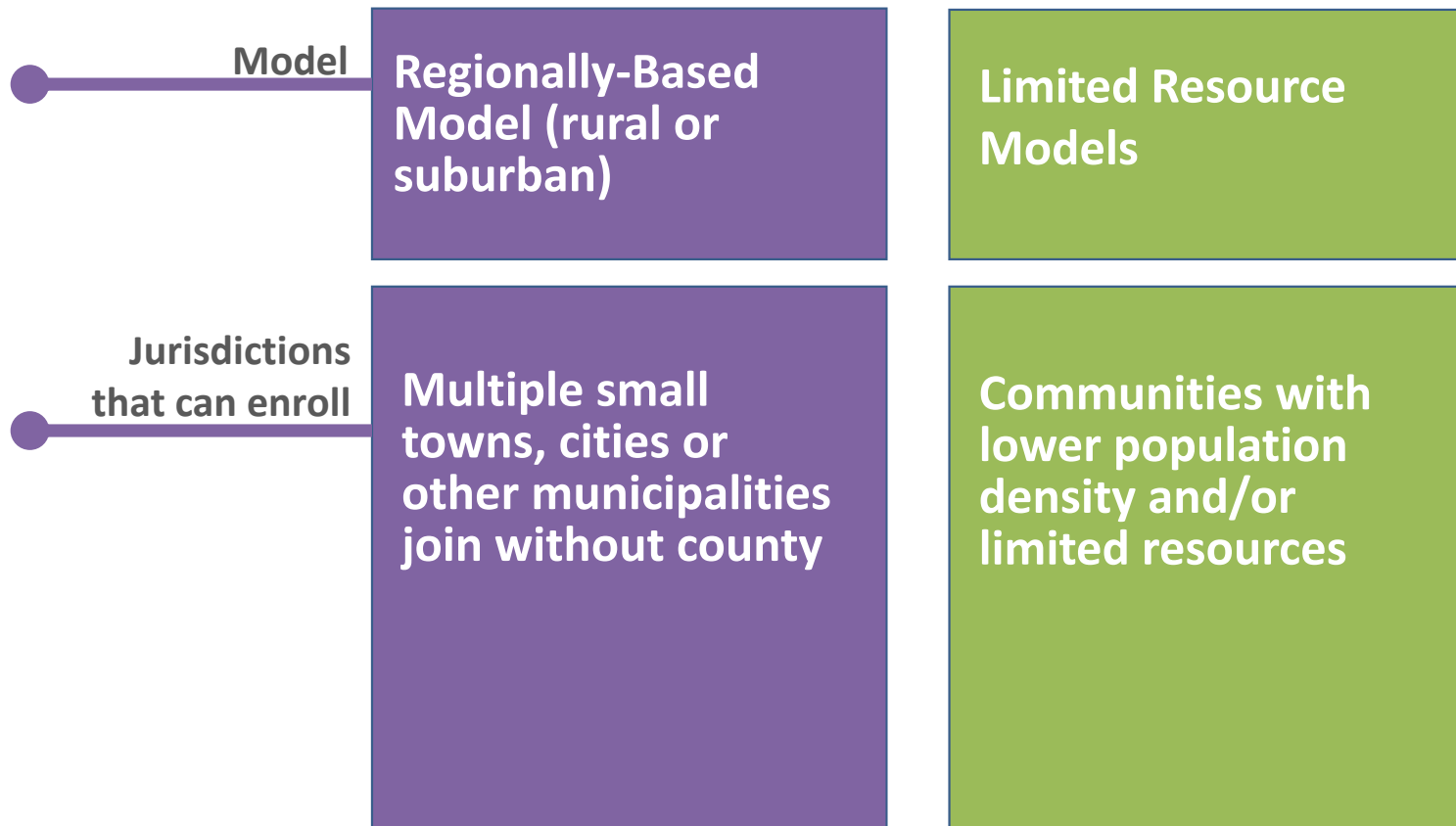
*Then analyze, adapt, update and repeat!*



# Age-Friendly Models



## Age-Friendly Models





## Collaboration and Connection

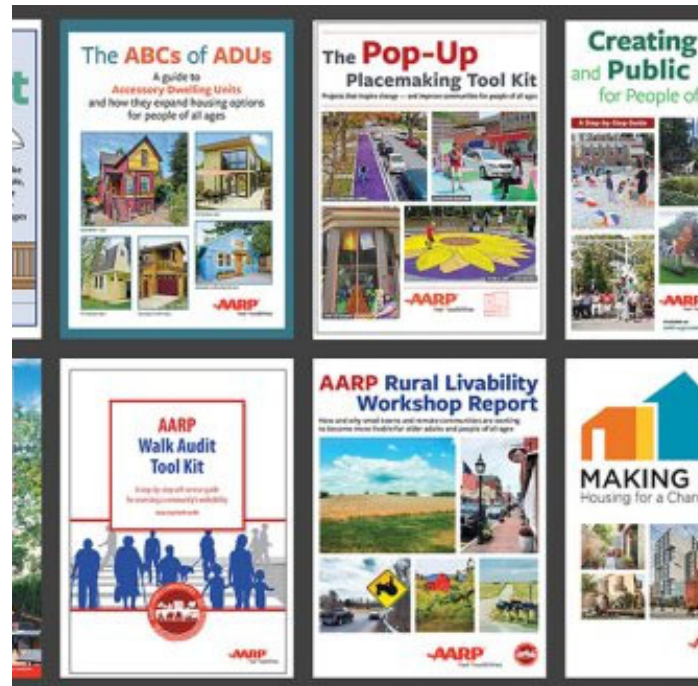
- AARP Network of Age-Friendly States and Communities
- Coalition of Age-Friendly Communities of Ohio (CAFCO)





## Livable Community Resources

- [aarp.org/livable](http://aarp.org/livable)
- [Visiting aarp.org/livable for the first time? Let's get started!](http://aarp.org/livable)
- Free publications and resources on the Livable Library
- Joining the AARP Age-Friendly Network
- AARP Community Challenge Grant
- Training Videos
- Livability Index
- Free weekly e-newsletter (award winning)



**AARP**  
Real Possibilities

## Connect With Us

### Email us:

Nicole: [nware@aarp.org](mailto:nware@aarp.org)

Doug: [dtayek@aarp.org](mailto:dtayek@aarp.org)

### Visit us on the web at:

[aarp.org/livable](http://aarp.org/livable)

### Subscribe to our award-winning FREE e-Newsletter at:

[aarp.org/livable-subscribe](http://aarp.org/livable-subscribe)



**AARP**  
Real Possibilities



# **Age-Friendly Communities Funding Opportunity**

# Age-Friendly Communities

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- Ten MVRPC member organizations will receive **\$10,000 grants** from the **DMH-Dayton Fund at The Dayton Foundation** to pursue AARP Age-Friendly Communities designation.
- AARP Age-Friendly Communities designation is a multi-year planning effort focused on recognizing and enhancing age-friendly, livable aspects in your community.
- Grant funds targeted for community survey, research, data analysis and technical assistance for the creation of an action plan for age-friendly livable community initiatives.
- Recipients will also receive assistance with team formation, stakeholders, volunteers and technical assistance for planning components.



# Age-Friendly Communities

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## To be Eligible, Your Organization Must:

- Be an MVRPC member agency and an eligible tax exempt public agency.
- Make a commitment to becoming a designated age-friendly community by joining the AARP/World Health Organization (WHO) Network of Age-Friendly States & Communities.
- Have or be committed to developing a diversity/inclusion policy (Please note, in most cases, this is different from a non-discrimination policy).
- Demonstrate collaboration with stakeholder and key community partners aligned with each of the domains.



# Funding Opportunity Timeline

- Proposal information available on Friday, January 14, 2022 at [www.mvrpc.org/regional-initiatives/miami-valley-age-friendly-network/age-friendly-communities-funding-opportunity](http://www.mvrpc.org/regional-initiatives/miami-valley-age-friendly-network/age-friendly-communities-funding-opportunity)
- Proposals must be complete and submitted on or before the due date to be considered.
- Submission deadlines are as follows:

Proposal Deadline	Decision Date	Grant Period
March 15, 2022	April 15, 2022	Start: May 1, 2022 End : April 30, 2023



# Miami Valley Age-Friendly Cohort

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- Representatives from the funded communities will form the **Miami Valley Age-Friendly Cohort**.
- Cohort will **meet monthly, via Zoom**.
- The first step for all funded communities will be making the commitment to become a designated age-friendly community by joining the [AARP/World Health Organization \(WHO\) Network of Age-Friendly States & Communities](#)
- Additional funding opportunities for steps in the Age-Friendly Communities designation process may be available to members of the cohort.





# **Emerging Workforce Trends**



An illustration of a city skyline at sunset. The sky is filled with warm, golden light and numerous yellow paper airplanes flying in various directions. In the foreground, several stylized human figures are shown in silhouette, some with their arms raised in celebration. On the left, a large, detailed profile of a man wearing glasses and a suit is visible. On the right, a smaller profile of a man in a suit is also shown. The overall mood is one of achievement and joy.

# **Silver Is Gold**

Age-Friendly  
Work Environments

**Retired Professionals. Focused Expertise. Amazing Results.**

100-Year Life  
Ushers In  
60-Year Career





Start-Up  
+  
Solopreneur  
Surge

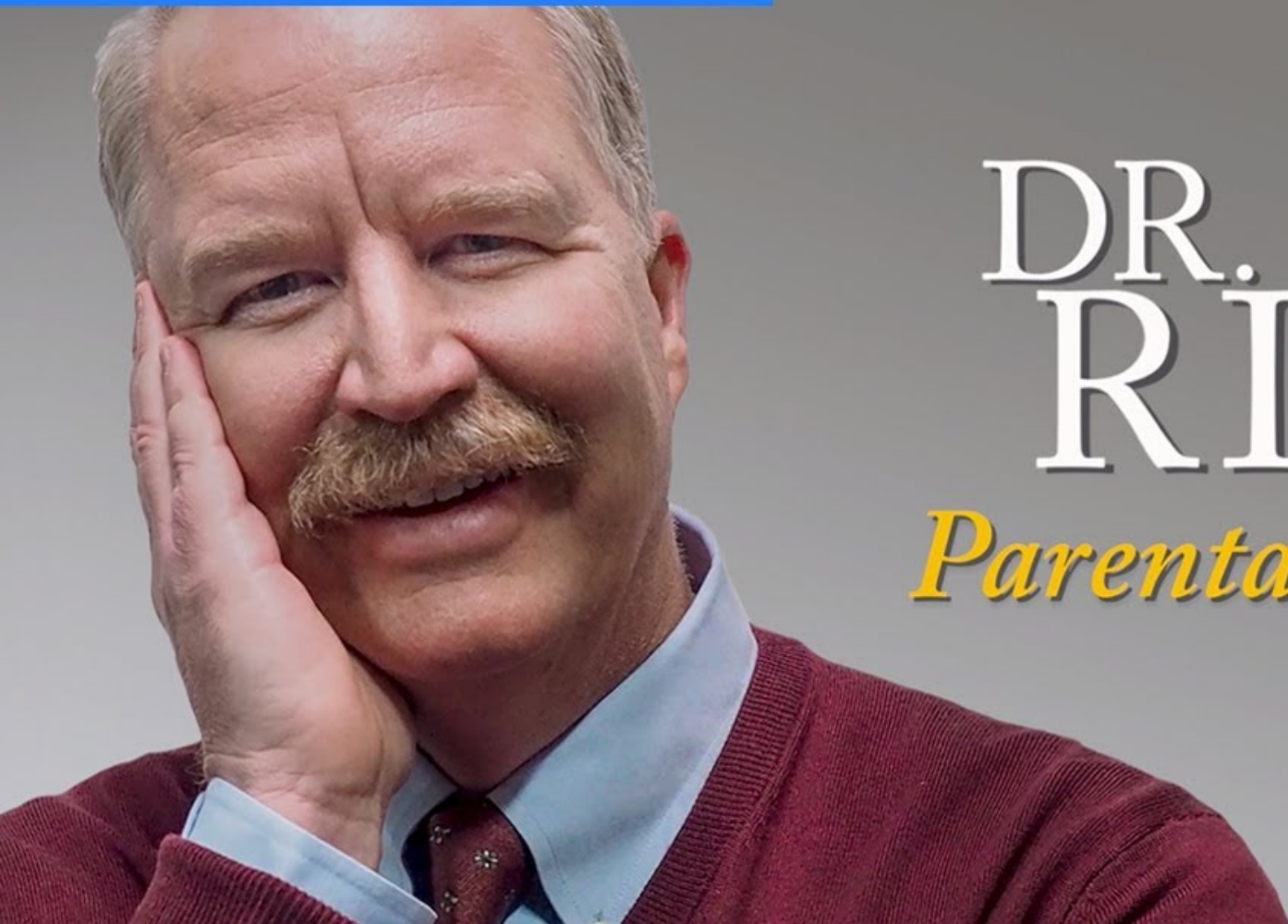
**BYOB**

Build  
Your  
Own  
Business

Generational  
Diversity  
Will Flourish



***PROGRESSIVE***



DR.  
RICK  
*Parenta-Life Coach*

# Del Mar Encore Fellows Initiative



The Dayton  
Foundation  
*We help you help others.*



**Noreen Willhelm**  
Senior Fellow





## Workforce Predictions:

#1: 100-Yr Life Ushers in 60-Yr Career

#2: Start-Up & Solopreneur Surge

#3: Generational Diversity Will Flourish





## **Next Steps**

# Quarterly Meetings 2022

Wednesday, April 13, 2022

Wednesday July 13, 2022

Wednesday October 12, 2022

DEEP DIVE DISCUSSIONS AROUND EACH DOMAIN



# Questions

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# MIAMI VALLEY

Regional Planning Commission

INSTITUTE FOR LIVABLE & EQUITABLE COMMUNITIES

## For more information about the Miami Valley Age-Friendly Communities Network:

### **Leigh Sempeles**

Dayton Foundation Del Mar Encore Fellow

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[www.daytonfoundation.org/delmarencore\\_fellowows.html](http://www.daytonfoundation.org/delmarencore_fellowows.html)

### **Serena Anderson**

MVRPC Transportation Coordination Planner

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